



WORLD
AQUATICS

COMPETITION REGULATIONS

In force as from February 2026



UNITED BY
WATER

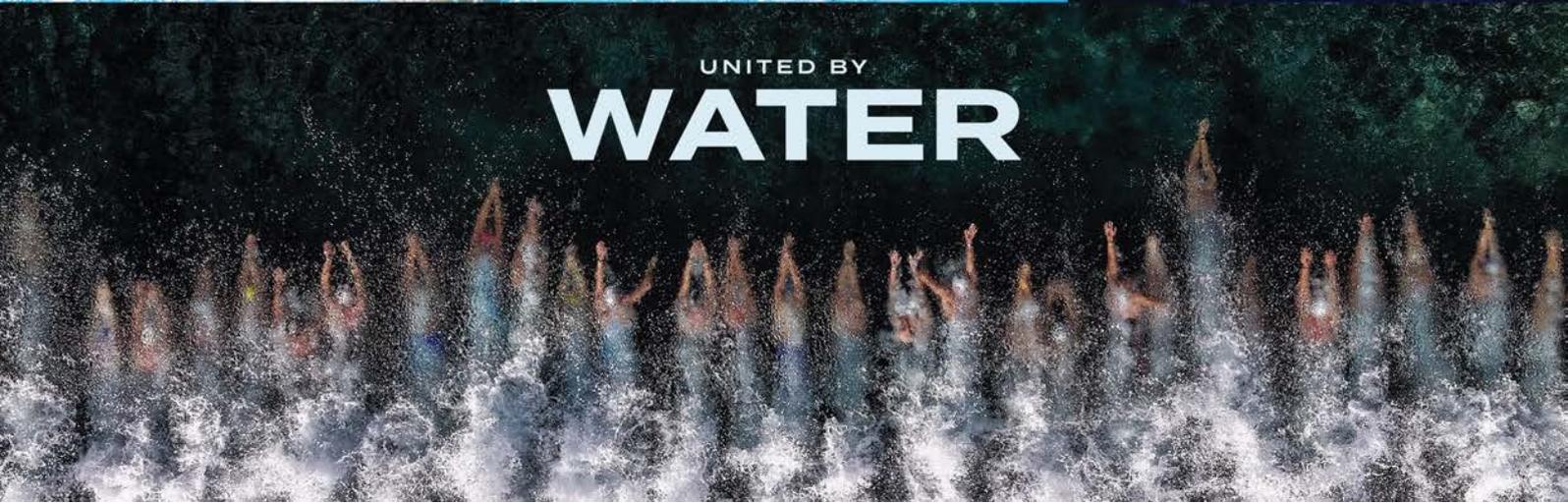




TABLE OF CONTENTS

PART FIVE: HIGH DIVING RULES

PART FIVE: HIGH DIVING RULES	176
1 GENERAL.....	176
2 DIVES AND DIVE NUMBERS.....	176
3 DEGREE OF DIFFICULTY	178
4 COMPETITIONS.....	179
5 COMPETITION FORMAT	180
6 STATEMENT OF DIVES	180
7 DUTIES OF THE REFEREE AND ASSISTANT REFEREES.....	181
8 DUTIES OF THE SECRETARIES:	184
9 JUDGES	184
10 JUDGING DIVES	185
11 SUMMARY OF THE PENALTIES.....	188
12 AGE GROUP RULES.....	191
13 REGISTRATIONS AND SPORTS ENTRIES.....	191
14 HIGH DIVING FACILITIES AND EQUIPMENT	192
15 SAFETY REQUIREMENTS	193
16 WATER SAFETY TEAM, STANDARD PROCEDURE FOR EACH DIVE	195
17 APPENDICES.....	198
17.1 APPENDIX 1 – DIAGRAM OF GENERAL STANDARD FACILITIES.....	199
17.2 APPENDIX 2 – REQUIRED FACILITY DIMENSIONS	200
17.3 APPENDIX 3 – DIAGRAM OF A TEMPORARY ROUND POOL.....	201
17.4 APPENDIX 4 – TABLE OF DIMENSIONS FOR TEMPORARY ROUND POOLS REQUIREMENTS FOR FACILITIES CONSTRUCTED AFTER 31 ST DECEMBER 2017.....	202
17.5 APPENDIX 5 – DIAGRAM OF OF GENERAL STANDARD FACILITIES COMBINED WITH DIVING FACILITIES.....	203
17.6 APPENDIX 6 – FORMULA AND COMPONENTS OF DEGREE OF DIFFICULTY	204



PART FIVE: HIGH DIVING RULES

1 GENERAL

1.1 This Part Five governs all High Diving competitions at World Aquatics Events, and any other events held under the rules of World Aquatics (specifically, these Competition Regulations).

1.2 This Part Five does not apply to High Diving competitions which are not World Aquatics Events, although the organisers of such events may choose to adopt the rules in this Part Five, or parts of them.

1.3 To be eligible to compete in a High Diving event at a World Aquatics Event which is not a junior age group event, an Athlete must be at least eighteen (18) years old as at 31 December in the year of the start date of the competition. The rules for junior age group events are set out in Article 12 of this Part Five.

2 DIVES AND DIVE NUMBERS

2.1 Permitted dives:

2.1.1 The dives that may be performed in High Diving competitions at World Aquatics Events are set out, with their Numbers and Degrees of Difficulty, in Appendices 6 and 7.

2.1.2 World Aquatics may approve dives for use in competition which are not currently listed in Appendices 6 and 7 to this Part Five.

2.1.2.1 An Athlete may only perform a dive at an event if it is listed in Appendices 6 and 7, or with prior approval for that dive to be performed in that event by World Aquatics.

2.1.2.2 Where such approval is sought, the Technical High Diving Committee will consider whether to approve that new or alternative dive and, if approved, will assign it a Number and a Degree of Difficulty.

2.1.3 Each permitted dive is designated a dive Number, which is a system of three (3), four (4), or five (5) numeral digits followed by a single letter.

2.2 The first one (1) digit or first two (2) digits of a dive Number indicate which Group the dive belongs to. There are five (5) 'Groups' of dives:

Group	First Digit(s)
Forward and Forward twist	1 or 51
Back and Back twist	2 or 52
Reverse and Reverse twist	3 or 53
Inward and Inward twist	4 or 54
Armstand and Armstand twist	6 or 61 – 62 – 63 – 64

2.3 In the Forward, Back, Reverse and Inward Groups, if the dive does not include a twist:

2.3.1 the first digit indicates the Group of the dive;

2.3.2 the second digit indicates whether the dive has a flying action. '1' in the second digit indicates that the dive has a flying action (as described in Article 10.4.5 of this Part Five); '0' in the second digit indicates that there is no flying action;

2.3.3 the third (or third and fourth) digit(s) indicate(s) the number of half somersaults to be performed, one (1) for each half somersault (for example: '2' = 1 somersault, '5' = 2 ½ somersaults, '8' = 4 somersaults);

2.3.4 when there are five (5) or more somersaults there will be four (4) digits in the dive Number, with the last two (the third and fourth) digits in brackets indicating the number of half somersaults (for example, '(10)' = 5 somersaults, such that dive Number '10(10)' is a Forwards 5 somersaults dive (without a flying action).

2.4 In the Forward, Back, Reverse and Inward Groups, if the dive includes a twist:

2.4.1 the first digit will be a '5' to indicate that the dive includes a twist;

2.4.2 the second digit indicates the Group of the dive, in accordance with Article 2.2 of this Part Five (for example, the '1' in 5163 indicates that the dive is in the Forward Group);



- 2.4.3** the third digit indicates the number of half somersaults to be performed (for example '6' = 3 somersaults);
- 2.4.4** the fourth (or fourth and fifth) digit(s) indicate(s) the number of half twists to be performed (for example '3' = 1 ½ twists). When there are five (5) or more twists, there will be five (5) digits in the dive number, with the last two (fourth and fifth) digits in brackets indicating the number of half twists. For example, '(10)' means five (5) half twists, such that dive Number '524(10)' is a Back 2 somersaults 5 twists dive;
- 2.4.5** therefore, for example, the number '5241' indicates a Back 2 somersaults dive with 2 ½ twists.
- 2.5** If a dive in the Forward, Back, Reverse or Inward Group includes both a twist and a flying action:
- 2.5.1** the first digit will be a '5' to indicate that the dive includes a twist;
- 2.5.2** the second digit will be a '(1)' in brackets, to indicate that the dive includes a flying action;
- 2.5.3** thereafter, the digits are explained as in Articles 2.4.2 to 2.4.4 of this Part Five, except with one digit preceding them (i.e., the third digit indicates the Group of the dive, the fourth digit indicates the number of half somersaults and the fifth (and sixth, if applicable) indicate the number of half twists);
- 2.5.4** therefore, for example, '5(1)141' indicates a Forward flying 2 somersaults ½ twist dive.

2.6 A dive in the Armstand Group which does not include a twist will have three (3) digits:

- 2.6.1** the first digit will be '6' to indicate an Armstand dive;
- 2.6.2** **the second digit indicates the direction of the take-off as follows:**

First two digits	Take-Off
61	Forward
62	Back
63	Reverse
64	Inward

- 2.6.3** The third digit indicates the number of half somersaults to be performed, one for each half somersault (for example: '2' = 1 somersault, '5' = 2 ½ somersaults, '8' = 4 somersaults).

2.7 A dive in the Armstand group which includes a twist will have four (4) or five (5) digits:

- 2.7.1** the first three (3) digits are as set out in Article 2.6 of this Part Five;
- 2.7.2** the fourth (or fourth and fifth) digit(s) indicate(s) the number of half twists to be performed, one for each half twist (for example, '3' = 1½ twists). When there are five (5) or more twists, there will be five (5) digits, the last two (fourth and fifth) digits in brackets indicating the number of half twists (for example, '10' means five (5) half-twists, such that dive Number 625(10) is an Armstand Back 2½ somersault 5 twists dive.

2.8 The letter at the end of the dive Number (in any Group) indicates the Position in which the dive is performed:

Position	Letter
Straight	A
Pike	B
Tuck	C
Free	D
Three Positions	E

- 2.9** The 'Free' Position means any combination of the other Positions (Straight, Pike and Tuck) and may only be used in certain dives including a twist, as set out in Article 3.5 below.
- 2.10** 'Three Positions' means that all three (3) Positions (Straight, Pike, and Tuck) are shown during the dive. The Straight Position must be shown as the second Position during the dive.



3 DEGREE OF DIFFICULTY

3.1 The Degree of Difficulty for each dive is established by the Technical High Diving Committee and approved by the Bureau.

3.2 The Degree of Difficulty of each dive is calculated using the following formula (the component values of the formula are outlined in Appendix 6):

$$A + B + C + D + E + F = \text{DEGREE OF DIFFICULTY}$$

3.3 Appendices 6 and 7 each contain a table of dives with their Number and Degree of Difficulty.

3.4 If a new or alternative dive not tabled in Appendices 6 and 7 is approved for use by World Aquatics prior to the relevant event(s) in accordance with Article 2.1 of this Part Five, the dive will be given a dive Number and Degree of Difficulty.

3.5 When calculating the Degree of Difficulty for dives with twists, the Position component is determined by reference to the table below:

Forward Twist, Back Twist, Reverse Twist, and Inward Twist Dives				
No. of Somersaults	Position			
1 or 2	D			
3	Forward and Inward		Back and Reverse	
	From 1 to 2 ½ twists	3 or more twists	From ½ to 3 twists	3 ½ or more twists
	B or C	D	B or C	D
4 or more	B or C (depending on the Position adopted by the Athlete)			

Armstand Twist Dives				
No. of Somersaults	Position			
1 ½	D			
2 ½	Forward		Back	
	From 1 to 1 ½ twists	2 or more twists	From ½ to 1 ½ twists	2 or more twists
	B or C	D	B or C	D
3 1/2	B or C (depending on the Position adopted by the Athlete)			

3.6 Dives with only somersaults and/or Barani are not considered to contain twists. A Barani is a specific manoeuvre consisting of one (1) forwards somersault followed by a 180 degree twist (half-twist) during the dive. The Barani is a controlled movement performed during the flight of a dive.



4 COMPETITIONS

4.1 General provisions concerning High Diving events:

- 4.1.1** In order to be eligible to compete in a High Diving event, all Athletes must, prior to the deadline for registration for the event, submit evidence of safely performed high dives and be approved as 'safe to compete' by the Technical High Diving Committee or its delegate:
- 4.1.1.1** World Aquatics will communicate to Member Federations and/or will publish the deadline, along with any specific requirements, for such evidence, in advance of each competition.
- 4.1.1.2** The Technical High Diving Committee may appoint to a 'safe to compete' (or other) panel or delegate to determine an Athlete's ability to safely compete.
- 4.1.2** As set out in Article 2 of this Part Five, the dives that may be performed in High Diving competitions at World Aquatics Events are set, with their dive Numbers, in Appendices 6 and 7 to this Part Five.
- 4.1.3** The Technical High Diving Committee or its delegate has the authority to determine which dives may be performed in competitions, to approve new dives for competition, and/or to exclude Athletes from competition based on observation(s) during training and/or competition days (including, if deemed necessary, for reasons of safety).
- 4.1.4** In this Part Five, a reference to a 'stage' is to a phase of an event (such as a preliminary or final stage), a reference to a 'session' is to a scheduled period of time during which Athletes dive, and a reference to a 'round' is to a series of dives in which each Athlete competing in that event performs one dive.
- 4.1.5** The diving order for the first stage of an event will be determined by a random draw at the Technical/ Team Leaders' Meeting. An electronic drawing system must be used whenever available.
- 4.1.6** The Athlete with the highest points total in an event or stage of an event will be declared the winner of that event or stage. The remaining Athletes are ranked in descending order by their points totals from that event or stage.
- 4.1.7** When two (2) or more Athletes score the same number of points, a tie is declared for that position.
- 4.1.8** Unless stated by World Aquatics or by the competition organiser prior to the event, each Athlete's or total will start at zero in the first stage of an event, and reset to zero (0) at the start of each subsequent stage of the event.
- 4.1.9** The procedure for appeals is outlined in Article 12 of Part One.

4.2 Specific rules for High Diving events at the World Aquatics Championships:

- 4.2.1** Each event will comprise one final stage.
- 4.2.2** The diving order for all rounds prior to the final round will be determined by a random draw, completed at the Technical/ Team Leaders' Meeting.
- 4.2.3** The diving order for the final round will be in reverse order of the Athletes' points totals at the end of the penultimate round. In the case of any tie between two or more Athletes, the order of the tied Athletes will be determined by a random draw conducted by the Referee.
- 4.2.4** The Technical High Diving Committee may, subject to approval by the Bureau, establish a different competition format for the World Aquatics Championships.

4.3 The heights of High Diving platforms:

- 4.3.1** Women's High Diving events will be from a 20 metre platform.
- 4.3.2** Men's High Diving events will be from a 27 metre platform.
- 4.3.3** In special environments (for example, natural environments), a height tolerance of +/- 0.5 metres is permitted, subject to prior approval from and at the discretion of World Aquatics.



5 COMPETITION FORMAT

5.1 All High Diving events will be conducted in two (2) sessions across a two (2) or three (3) day programme, as approved by the Bureau (if applicable, on the recommendation of the LOC or Management Committee).

5.2 In all High Diving events, each Athlete will perform four (4) dives of four (4) different dive Numbers.

5.3 Women's High Diving events:

5.3.1 Women's events will comprise the following four (4) dives:

5.3.1.1 one (1) 'required' dive with a maximum Degree of Difficulty of 2.6;

5.3.1.2 one (1) 'intermediate' dive with a maximum Degree of Difficulty of 3.4 from two (2) different Groups; and

5.3.1.3 two (2) 'optional' dives with any Degree of Difficulty.

5.3.2 The 'required' and 'intermediate' dives must be from different Groups. The two (2) 'optional' dives must be from two (2) different Groups.

5.3.3 A 'maximum Degree of Difficulty' under this Article 5.3 of this Part Five means that if the Degree of Difficulty of the 'required' or 'intermediate' dive is:

5.3.3.1 lower than 2.6 or 3.4, respectively, then the assigned or calculated Degree of Difficulty for that dive will be used; or

5.3.3.2 equal to or higher than 2.6 or 3.4, respectively, then the Degree of Difficulty will be calculated as 2.6 or 3.4, respectively, regardless of the dive performed.

5.4 Men's High Diving events:

5.4.1 Men's events will comprise the following four (4) dives:

5.4.1.1 one (1) 'required' dive with a maximum Degree of Difficulty of 2.8;

5.4.1.2 one (1) 'intermediate' dive with a maximum Degree of Difficulty of 3.6; and

5.4.1.3 two (2) 'optional' dives with any Degree of Difficulty.

5.4.2 The 'required' and 'intermediate' dives must be from different Groups. The two (2) 'optional' dives must be from two (2) different Groups.

5.4.3 A 'maximum Degree of Difficulty' under this Article 5.4 of this Part Five means that if the Degree of Difficulty of the 'required' or 'intermediate' dive is:

5.4.3.1 lower than 2.8 or 3.6, respectively, then the assigned or calculated Degree of Difficulty will be used;

5.4.3.2 equal to or higher than 2.8 or 3.6, respectively, then the Degree of Difficulty will be calculated as 2.8 or 3.6, respectively, regardless of the dive performed.

6 STATEMENT OF DIVES

6.1 Requirement to submit a Statement of Dives:

6.1.1 Each Athlete or their representative must deliver to the Referee a completed Statement of Dives, signed by the Athlete, on the official form of the event for the competition.

6.1.2 The Athlete is fully responsible for the accuracy of the Statement of Dives.

6.1.3 Unless a Statement of Dives is submitted in accordance with this Article 6 of this Part Five, the Athlete will not be admitted to the competition.

6.2 Contents of the Statement of Dives:

6.2.1 The Statement of Dives must contain the following information for each of the four (4) dives in the order to be performed:

6.2.1.1 Number.

6.2.1.2 Position.

6.2.1.3 Degree of Difficulty (determined by the formula set out in Article O of this Part Five).



6.2.2 An Athlete may list an additional two (2) reserve dives in the Statement of Dives. The Athlete may substitute their final dive with a reserve dive up to five (5) minutes before the start of the final round of dives.

6.2.2.1 Any substitution must be confirmed by the Referee prior to the Athlete's final dive. If the substitution is not confirmed, the Athlete must perform the dive originally listed in their Statement of Dives.

6.2.2.2 Reserve dives must comply with the requirements in Article O of this Part Five.

6.3 Deadline to submit the Statement of Dives:

6.3.1 The Statement of Dives must be submitted no later than twenty-four (24) hours before the start of the event (being the start time of the first stage of that event).

6.3.2 The Referee will accept a Statement of Dives within twenty-four (24) hours of the start of the event, so long as the Statement of Dives is submitted no later than three (3) hours before the start of the event;

6.3.2.1 Where any Statement of Dives is submitted between 24 and three (3) hours before the start of an event in accordance with Article 6.4.2 of this Part Five, the Athlete's Federation will be required to pay a fee equivalent to two-hundred and fifty (250) United States dollars (or an equivalent amount in the local currency in the country in which the competition is being held). For the avoidance of doubt, payment of that fee is not required prior to the event in order for the Statement of Dives to be accepted.

6.4 Changes to the Statement of Dives:

6.4.1 The Referee may accept changes to a Statement of Dives up to one (1) hour after the end of the final official training session for the relevant event.

6.4.2 If an amended Statement of Dives is not submitted within the deadline set out in Article 6.4.1 of this Part Five, the Athlete must perform the dives indicated in their original Statement of Dives.

6.4.3 The Referee will inspect all Statements of Dives submitted. If the Referee considers that a Statement of Dives does not comply with the requirements for the event, the Referee (or an Assistant Referee delegated to) must request as soon as possible that the Athlete (or the Athlete's representative) correct it before the start of the event. The Athlete remains fully responsible for the accuracy and compliance of their Statement of Dives, and any inaccuracy or deficiency in a Statement of Dives will not be excused by virtue of a Referee or Assistant Referee's failure to identify it.

6.5 Athletes must execute each round's dives in accordance with their Statement of Dives.

6.6 The content of the Statement of Dives takes precedence over the information communicated on any indicator board and in any announcement.

7 DUTIES OF THE REFEREE AND ASSISTANT REFEREES

7.1 Each event must be administered and officiated by a Referee, an Assistant Referee, Judges, and Secretaries, as set out in Articles 7, 8 and 9 of this Part Five.

7.2 The Referee's general duty is to oversee and administer events, ensuring compliance with these Competition Regulations. Decisions or actions referred to in this Article 7 of Part Four which are subject to a decision or determination (however phrased) or which 'may' be taken, are unless otherwise specified, determined at the discretion of the Referee.

7.3 The Referee has authority to administer and direct each event. The Referee will be located in a position that enables them to ensure as far as possible that these Competition Regulations are observed.

7.4 The Referee's duties before an event:

7.4.1 The Referee will inspect each Statement of Dives, including any amended or late Statement of Dives, and undertake any further required action in accordance with Articles 6 of this Part Five.

7.4.2 The Referee will allocate the seating order of the Judges.

7.5 The Referee's duties during an event:

7.5.1 In the event of any unforeseen circumstances, the Referee may at their discretion declare a short break, a postponement, or a discontinuation of the event. If possible, any breaks must take place after a full round of dives.


7.5.2 Following an interruption (including short breaks and postponements ordered by the Referee):

7.5.2.1 if possible, the event must continue from where it was stopped, and the points scored before the interruption will be carried forward into the remaining portion of the event, whenever it is held; or

7.5.2.2 if the event cannot be continued, the results will be determined by World Aquatics.

7.5.3 If an Athlete or other person unreasonably disturbs or is unreasonably disturbing an event (including by interfering with or obstructing other Athletes, participants or otherwise disturbing the running of the event), the Referee may exclude them from that event and/or from the competition area or venue.

7.5.4 The Referee may remove from an event any Judge whose judgement they regard as unsatisfactory and will replace that Judge with a reserve Judge. Where this occurs, the Referee will at the end of the event write a written report to World Aquatics setting out the basis for the removal.

7.5.5 A change of Judge by the Referee due to unsatisfactory performance may take place at any time (and should occur as soon as possible after the Referee considers the Judge's performance to be unsatisfactory). If there is a vacancy during a round of dives due to a Judge being removed, then the average of the other Judges' awards for each dive will be used as the award from the missing Judge, until replaced.

7.6 The Referee's duties prior to the performance of each dive:

7.6.1 Before each dive, the official announcer must announce in the language of the host country the name of the Athlete and the dive to be executed. If an electronic scoreboard is used, all information concerning the dive must be displayed on it and the announcement may be restricted to identifying the Athlete.

7.6.2 If a dive or an Athlete is incorrectly announced, the Athlete or their representative must advise the Referee immediately, who will then confirm the accuracy of the Athlete's Statement of Dives.

7.6.3 The Athlete must proceed to the platform, following the order of appearance, without unreasonable delay after the preceding Athlete has dived. If the Athlete is not on the platform and ready to dive without unreasonable delay, the Referee may direct that the Athlete will not perform that dive, and will receive a score of O for that dive. The event will then proceed to the next Athlete.

7.6.4 Before the dive, the Athlete must check the position of the safety divers and inform the Referee (by hand signal or other clear means) that they are ready to perform the dive and the Referee will check the indicator board. The Referee will then signal with a clear hand signal for the Athlete to perform their dive.

7.6.5 The Athlete must not proceed to their starting position until after the signal has been given by the Referee.

7.6.6 The Referee will issue a warning to an Athlete that does not perform their dive within a reasonable time (in the Referee's discretion) after the Referee has signalled for them to perform the dive.

7.6.7 In the event that an Athlete has not performed their dive one (1) minute after receiving a warning from the Referee, or otherwise refuses to execute a dive, the Athlete will receive O points for that dive.

7.7 The Referee's duties during the performance of a dive:
7.7.1 Restarts:

7.7.1.1 The Referee will declare a restart, and will instruct the Secretaries to deduct 2 points from each Judge's award, if:

7.7.1.1.1 in a running or standing dive, an Athlete stops after assuming the starting position and before take-off;

7.7.1.1.2 in an Armstand dive, while or after assuming the starting position and before the take-off, (a) the Athlete moves one or both hands from the original position at the front end of the platform; (b) one or both of the Athlete's feet return to the platform; or any other part of the Athlete's body other than the hands touch the platform.

7.7.1.2 If a second attempt (a first restart) is unsuccessful the Referee will instruct the Secretaries to deduct 4 points from each Judge's award. When a third attempt (a second restart) is unsuccessful, the Referee will declare a failed dive.

7.7.1.3 If there is a strong wind, the Referee may at their discretion (including, but not limited to, in the case of winds above 40km per hour) permit an Athlete the right to restart the dive attempted without a points deduction.

7.7.1.4 The Referee has general discretion to declare a restart where they consider it fair and appropriate to do so in the circumstances.

7.7.2 If the Referee considers that the dive has been performed in a Position other than that announced (announced correctly, in accordance with the Athlete's Statement of Dives), but Article 7.7.5.1 of this Part Five does not apply, the Referee will repeat the announcement, and declare that the maximum award is 2 points, before giving the



Judges the signal to show their awards (or, where electronic judging devices are used, as soon as possible). If a Judge then still awards more than 2 points, the Referee will declare the award from that Judge to be 2 points.

7.7.3 If an Athlete performs an incorrectly announced dive (i.e., the Athlete performs the dive announced, which is not the dive prescribed in their Statement of Dives), the Referee may cancel the awards for the dive, and have the correct dive announced and performed immediately by the Athlete. The awards for the cancelled dive must be noted by the Secretaries, to be referred to in the event that an appeal is subsequently lodged.

7.7.4 **The Referee will declare that the maximum award by a Judge will be 4.5 points, and will instruct the Secretaries to record an award of 4.5 points if any Judge awards a higher score, if:**

7.7.4.1 a dive is performed with a break of Position during the flight;

7.7.4.2 in a dive with a flying action, the Athlete has not held the Straight Position for at least 90 degrees; and/or

7.7.4.3 the Athlete has one or both arms held above the shoulder line at entry.

7.7.5 The Referee will declare a failed dive, and the Athlete will receive 0 points for that dive, if:

7.7.5.1 the Referee considers that an Athlete has performed a dive of a Number other than that announced (announced correctly, in accordance with the Athlete's Statement of Dives);

7.7.5.2 the Athlete has performed a dive containing at least one (1) back or reverse somersault in the Straight Position, but the Athlete failed to hold the Straight Position for less than 270 degrees ($\frac{3}{4}$ of a somersault);

7.7.5.3 a dive with a twist is completed at entry with 90 degrees rotation more or less than announced;

7.7.5.4 a second restart is unsuccessful, as set out in Article 7.7.1.2 of this Part Five; and/or

7.7.5.5 as otherwise set out in this Part Five.

7.7.6 **Where a dive is unsafe or potentially unsafe:**

7.7.6.1 if available, the Referee may first review video or photographic evidence to determine the distance between the Athlete and the platform during the dive; and

7.7.6.2 if (whether after reviewing such evidence or otherwise) the Referee considers that the Athlete touched the edge of the platform with their head or was otherwise unsafely close to the platform during the dive, the Referee will declare that the maximum award by a Judge for the dive will be 2 points, and will instruct the Secretaries to record an award of 2 points if any Judge awards a higher score.

7.7.7 Once all Judges have entered their awards for a dive, the Referee will (whether using electronic officiating equipment or otherwise) review the awards and, subject to resolving any issues with the awards or any scores which may not comply with the rules in this Part Five, will confirm that the awards should be recorded by the Secretaries.

7.8 The Referee will ensure that, following their signal to begin the dive, the Athlete does not receive any assistance from any person during the performance of a dive. Assistance between dives is permitted. Assistance may be in any form (e.g., direct/indirect, physical/verbal). The Referee will declare a failed dive if they consider assistance was received by the Athlete after the Referee's starting signal.

7.9 **The Referee's duties after the event:**

7.9.1 The Referee will confirm the final results of the event by their signature.

7.10 **Duties of the Assistant Referee**

7.10.1 The Assistant Referee will be a member of the Technical High Diving Committee or a delegate of the Technical High Diving Committee.

7.10.2 **The Assistant Referee will:**

7.10.2.1 observe the wind speed indicator and inform the Referee if the wind speed exceeds 40km per hour;

7.10.2.2 observe from the platform whether Armstand dives are executed correctly, and report to the Referee any restarted or failed Armstand dives;

7.10.2.3 undertake any other duties delegated or referred to them by the Referee.



8 DUTIES OF THE SECRETARIES:

8.1 Secretaries will record the Judge's awards and the results of the event, as set out in this Part Five.

8.2 Electronic officiating equipment:

8.2.1 If electronic officiating equipment is used, it must meet the requirements listed in Article 16.6 of this Part Five, and one (1) Secretary will record the Judge's awards and the results of the event.

8.2.2 If electronic officiating equipment is not used, two (2) Secretaries will record the Judge's awards and the results of the event.

8.2.3 References to Secretaries or a Secretary in this Article O of this Part Five are to be construed as references to one (1) or more Secretaries officiating during the event, as required in the circumstances.

8.3 In order to facilitate the scoring, a computer, a rapid calculator, or a chart may be used by the Secretaries.

8.4 Judges' awards will be announced in their seating order, and the Secretaries will record awards for each Judge, for each of the dives listed on each Athlete's Statement of Dives. When a computer and a scoreboard are in use to display the Judges' awards, the announcement of the Judges' awards is not necessary and the Secretaries may record the awards directly from the monitor.

8.5 Calculating the points scored for each dive:

8.5.1 When seven (7) Judges are used, the Secretaries will cancel the two (2) highest and the two (2) lowest Judges' awards. When more than two (2) of either the highest or lowest awards are equal, only two (2) of the equal awards will be cancelled (leaving five (5) remaining awards).

8.5.2 When five (5) Judges are used, the Secretaries will cancel the highest and the lowest award (if there is a tie in either the highest or lowest awards, only one of each will be cancelled), leaving three (3) remaining awards.

8.5.3 The points scored for each dive is the total of the Judges' awards, after having cancelled the relevant awards in accordance with this Article 8.5 of this Part Five.

8.6 The results of the event are determined by the Secretaries' score sheets. Where there are two (2) Secretaries used, the Secretaries will compare their score sheets at the end of the event to ensure that the scores recorded are the same. If there are any discrepancies between the two (2) score sheets, the Secretaries will resolve those discrepancies, in consultation with the Referee or Assistant Referee if required, before determining the results.

8.7 If electronic officiating equipment is in use, the Secretary will also record the awards and electronic results manually to allow a final result to be calculated in the event of electronic officiating equipment failure.

8.8 The Secretaries will provide the results of the event to the Referee for confirmation and for announcement in English (the official language of World Aquatics).

9 JUDGES

9.1 Judging Panels will be composed as follows:

9.1.1 Whenever available, seven (7) Judges will be used for each event. Where that is not possible, five (5) Judges will be used.

9.1.2 Whenever possible, each Judge on a Judges Panel should be affiliated to a different Member Federation.

9.2 The Referee will place the Judges on one side of the platform in use, as outlined in Article 14.3 of this Part Five.

9.3 Once assigned a seat, a Judge may not change seat unless permitted by the Referee in exceptional circumstances.

9.4 There must at all times be at least one reserve Judge available to replace a member of the Judges Panel. If a Judge is unable to continue in their role for any reason after an event has started, the Referee will replace them with a reserve Judge.

9.5 Awards and scoring of dives by Judges:

9.5.1 An indicator board must display both the Number and the Position of the dive to be performed, in a location that is visible to both Athletes and Judges.

9.5.2 Where available, a computer with the capacity to run High Diving competition software, approved for use by the Technical High Diving Committee, and to display each Judge's award must be used.



9.5.3 Where electronic officiating equipment is not available, the Judges must have flash cards to display their awards. These flash cards must be capable of displaying awards ranging from 0 to 10 by half points (i.e., 0.0, 0.5, 1.0, 1.5, 2.0, 2.5, etc.).

9.5.4 After each dive, on a signal given by the Referee, each Judge will immediately and simultaneously, without communicating with one another or any other person, and in a clear manner, indicate their award for the dive. When an electronic judging device is used, the Judges must instead enter their respective awards into their electronic score pads (or devices as applicable) immediately after having individually considered and evaluated the performance of the dive (without any signal from the Referee).

9.5.5 The Judges' awards must be displayed on the electronic scoreboard if one is being used. In any event, the awards (without any other information about the standing of the event) must be seen by the Judges on their electronic score pads (or other devices) when these are being used at a competition.

10 JUDGING DIVES

10.1 General criteria for judging dives:

10.1.1 Each Judge will award a dive with a points score between 0 and 10 at half-point increments according to their overall impression within the following scoring ranges:

Excellent	10
Very Good	8.5 – 9.5
Good	7.0 – 8.0
Satisfactory	5.5 – 6.5
Deficient	4.0 – 5.0
Very Deficient	2.5 – 3.5
Unsatisfactory	0.5 – 2.0
Completely failed	0

10.1.2 Judges must not be influenced by any factor other than the technique and execution of the dive. The dive must be considered without regard to preparations ahead of the starting position, the difficulty of the dive, or any movement beneath the surface of the water.

10.1.3 The factors to be considered in judging the overall impression of a dive are the technique, grace, execution, and completion of the following elements of the dive:

10.1.3.1 starting position;

10.1.3.2 take-off;

10.1.3.3 flight; and

10.1.3.4 entry.

10.1.4 When a dive is performed in any Position other than that announced, the dive will be deemed unsatisfactory. The highest award for such a dive is 2 points.

10.1.5 When a dive is partially performed in a Position(s) other than that announced, each Judge will reduce their award by any number of points, according to their opinion.

10.1.6 When a dive is attempted, but not properly performed, in any of the Straight (A), Pike (B), Tuck (C), or Free (D) Position, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.

10.1.7 When a Judge considers that a dive of a different Number has been performed, they will award 0 points, whether or not the Referee has declared it to be a failed dive.

10.1.8 When an Athlete touches the platform during the flight with their feet or hands, the Judges will reduce their award by any number of points, according to their opinion.


10.2 The starting position:

- 10.2.1** The Athlete must take their starting position once the signal to do so is given by the Referee.
- 10.2.2** The starting position in standing dives is assumed when the Athlete stands at the front edge of the platform.
- 10.2.3** The starting position in running dives is assumed when the Athlete is ready to take the first step of the run.
- 10.2.4** The starting position in Armstand dives is assumed when both hands are on the front edge of the platform and both feet are off the platform, moving to a straight vertical Armstand position (hands on the platform, body and legs vertical and straight in the air, perpendicular to the platform).
- 10.2.4.1** During an Armstand dive, if: (a) the Athlete is unable to hold a stationary and steady balance in the straight vertical Armstand position, or (b) the hands lose contact with the platform during the starting position or take-off, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.
- 10.2.5** The Referee will (or may) declare a restart before the take-off in the circumstances set out in Article 7.7.1 of this Part Five.

10.3 The take-off:

- 10.3.1** The take-off is the part of the dive where the Athlete moves from the starting position and leaves the platform.
- 10.3.2** The take-off must be performed as follows:
- 10.3.2.1** The take-off in Forward dives may be either from a standing position or running approach, at the Athlete's discretion.
- 10.3.2.2** The take-off in Back, Reverse and Inward dives must be performed from a still, standing position from both feet.
- 10.3.2.3** The take-off in Armstand dives must be performed from the Armstand Position (as described at Article 10.2.4 of this Part Five).
- 10.3.3** The take-off must be balanced, powerful, and must cause the Athlete to achieve an appropriate horizontal distance away from the platform.
- 10.3.4** If a Judge considers that the take-off is not balanced, powerful, or does not result in an appropriate horizontal distance to the platform, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.
- 10.3.5** In dives containing a twist, the twisting must not begin while the Athlete is still on the platform. If the twisting begins while the Athlete is still on the platform, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.
- 10.3.6** If an Athlete crow-hops during the take-off in any dive from a standing and backwards-facing position (of any Group), each Judge will reduce their award by between 0.5 and 2 points, according to their opinion. A crow-hop takes place where one or both feet lift from the platform prior to the take-off.

10.4 The flight:

- 10.4.1** The flight is the part of the dive after the take-off and up to the entry.
- 10.4.2** The flight of a dive must be carried out in a straight vertical line outwards from the platform, perpendicular to the water's surface. If the flight is not in a straight vertical line, each Judge will reduce their award, according to their opinion.
- 10.4.3** In dives containing a twist, the twist may be performed at any time during the flight (no matter the Position(s) the dive is executed in).
- 10.4.4 The dive may be executed in the following Positions:**
- 10.4.4.1 Straight (A):**
- 10.4.4.1.1** The body must be in one straight line with legs extended and not bent either at the knees or hips. The feet must be kept together and the toes pointed. The position of the arms is at the Athlete's discretion (arms may be straight or bent).
- 10.4.4.1.2** Should the Straight Position not be performed as described, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.



10.4.4.1.3 In dives containing at least one (1) back or reverse somersault in the Straight Position, the Straight Position must be held for at least 270 degrees ($\frac{3}{4}$ of a somersault). If a Judge considers that this requirement is not met, the Judges will award 0 points for that dive, whether or not the Referee has declared it to be a failed dive.

10.4.4.2 Pike (B):

10.4.4.2.1 The body must be bent at the hips with the legs kept straight at the knees. The feet must be kept together and the toes pointed. The Position of the arms is at the Athlete's discretion.

10.4.4.2.2 Should the Pike Position not be performed as described, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.



These diving illustrations serve as a guide only and the position of the arms is at the choice of the athlete except in the entry.

10.4.4.3 Tuck (C):

10.4.4.3.1 The body must be compact, bent at the knees and hips, with the knees and feet close together within the bodyline of the shoulders. The hands must be on the lower part of the legs and the toes pointed.

10.4.4.3.2 Should the Tuck Position not be performed as described, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.



These diving illustrations serve as a guide only and the position of the arms is at the choice of the athlete except in the case of the hands in the tuck and the entry.

10.4.4.4 Free (D):

10.4.4.4.1 The Free Position means any combination of Positions A (Straight), B (Pike) and C (Tuck).

10.4.4.4.2 The Athlete may choose which combination of Positions to perform, and otherwise the Athlete may choose the position of their body during the flight, except that the legs must be together and the toes pointed at all times.

10.4.4.4.3 Should the Free Position not be performed as described, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.

10.4.4.5 Three Positions (E):

10.4.4.5.1 During the dive all three Positions (A, B and C) must be performed. The Straight Position (A) must be performed as the second Position.

10.4.4.5.2 Should the Positions not be performed as described, each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.

10.4.5 Flying action:

10.4.5.1 A flying action is a movement within the flight of a dive in which the Straight Position is assumed, followed by a transition to a Pike or Tuck Position. The Straight Position must be assumed immediately after the take-off and held for at least one-quarter of a somersault (90 degrees).

10.4.5.2 If a Judge considers that during a flying action:

10.4.5.2.1 the Straight Position is not assumed immediately after the take-off, that Judge will award a maximum of 4.5 points for that dive, whether or not the Referee has declared a maximum of 4.5 points; and/or

10.4.5.2.2 the Straight Position is not held for at least one-quarter of a somersault (90 degrees), that Judge will award a maximum of 4.5 points for that dive, whether or not the Referee has declared a maximum of 4.5 points.



- 10.4.6** When an Athlete performs a dive with:
- 10.4.6.1** a break of Position during the flight, each Judge will award a maximum of 4.5 points for that dive, whether or not the Referee has declared a maximum of 4.5 points for the dive;
- 10.4.6.2** changes Position at or immediately before the entry, each Judge will reduce their award by between 0.5 and 3 points, according to their opinion.
- 10.4.7** **Unsafe or potentially unsafe dives:**
- 10.4.7.1** If the Referee declares the dive to be unsafe (with a maximum award of 2 points) pursuant to Article 7.7.6 of this Part Five, each Judge will award between 0 and 2 points for the dive, according to their opinion.
- 10.4.7.2** If a Judge considers that an Athlete has touched the platform during a dive or is otherwise unsafely close to the platform, that Judge will, whether or not the Referee has declared the dive to be unsafe: (a) award a maximum of 2 points for the dive, and (b) indicate to the Referee, using electronic scoring equipment (or if that is not in use, by raising one hand) that they are awarding that score because they considered the dive to be unsafe.
- 10.4.7.3** If the majority of the Judges (i.e., at least three (3) in a five (5) Judge Panel or at least four (4) in a seven (7) Judge Panel) indicate to the Referee that the dive was unsafe, any remaining scores higher than 2 points will be reduced by the Secretaries to a maximum of 2 points.
- 10.5** **The entry:**
- 10.5.1** The entry is the point at which the Athlete enters the water. At entry, the Athlete's body must in all cases be vertical (perpendicular to the water's surface) and straight, not bent or twisted and with the feet kept together.
- 10.5.2** When the entry is not as described, each Judge will reduce their award by, according to their opinion.
- 10.5.3** At entry, the Athlete's arms must be alongside the body below the navel. If a Judge considers that the Athlete has one or both arms held above the shoulder line on entry, that Judge will award a maximum of 4.5 points for the dive, whether or not the Referee has declared a maximum of 4.5 points.
- 10.5.4** Other than as provided in Article 10.5.3 of this Part Five, if one or both arms are not in the correct position (other than being above the shoulder line), each Judge will reduce their award by between 0.5 and 2 points, according to their opinion.
- 10.5.5** When a Judge considers that, at entry, the twist completed is greater or less than that announced by 90 degrees or more, the Judge will award 0 points for that dive, whether or not the Referee has declared it to be a failed dive.
- 10.6** The dive and its judgment is considered complete when the Athlete's whole body is completely under the surface of the water.
- 10.7** Once the Athlete returns to the surface of the water they should, if appropriate, signal to the safety divers that they are safe with a clear hand signal.

11 SUMMARY OF THE PENALTIES

11.1 Mandatory failed dives and 0 points:

Article	Fault
7.6.7	If an Athlete does not perform their dive one (1) minute or more after the Referee has given warning.
7.6.6 and 7.6.7	If an Athlete refuses to or fails to perform a dive.
7.7.5.1	If an Athlete has performed a dive of a Number other than that announced.
7.7.5.2	If in dive containing at least one (1) back or reverse somersault in the Straight Position, the Straight Position is shown for less than 270 degrees ($\frac{3}{4}$ of a somersault).
7.7.5.3	If a dive with a twist is completed at entry with 90 degrees rotation more or less than announced.
7.8	If an Athlete receives assistance during the performance of a dive (after the Referee's starting signal).
7.7.5.4	When a second restart (a third attempt) at a dive is unsuccessful.


11.2 Referee to declare "2 points deduction":

Article	Fault
7.7.1.1	If there is a restart in a standing, running, or Armstand dive.

11.3 Referee to declare "4 points deduction":

Article	Fault
7.7.1.2	If there is a second restart (a third attempt) in a standing, running, or Armstand dive.

11.4 Referee to declare "2 points maximum":

Article	Fault
7.7.2	If an Athlete performs a dive in a Position other than that announced.
7.7.6.2	If an Athlete is unsafely close to the platform or touches the platform with the head.

11.5 Referee to declare "4.5 points maximum":

Article	Fault
7.7.4.1	If a dive is performed with a break of Position during the flight.
7.7.4.2	If the Straight Position in a dive with flying action is not shown for at least 90 degrees.
7.7.4.3	If an Athlete had one or both arms above the shoulder at the entry.

11.6 Judges to award 0 points:

Article	Fault
10.1.7	If a dive of a different Number was executed.
10.5.5	If a twist is greater or less than that announced by 90 degrees or more.
10.4.4.1.3	If in a back or reverse somersault in the Straight Position, the Straight Position is shown for less than 270 degrees ($\frac{3}{4}$ of a somersault).

11.7 Judges to award a maximum of 2 points:

Article	Fault
10.4.7.1	If an Athlete is unsafely close to the platform or touches the platform with the head.
10.1.4	If a dive is performed in a Position other than that announced.

11.8 Judges to award a maximum of 4.5 points:

Article	Fault
10.4.5.2.1	If in a dive with a flying action, the Straight Position is not assumed immediately after the take-off.
10.4.5.2.1	If in a dive with a flying action, the Straight Position is not held for at least one-quarter of a somersault (90 degrees)
10.4.6.1	If a dive is performed with a break of Position during the flight.
10.5.3	If the arms are above the shoulder line at the entry.


11.9 Judges to reduce their award by between 0.5 and 2 points:

Article	Fault
10.2.4.1	If in an Armstand dive, the Athlete is unable to hold a stationary and steady balance in the straight vertical Armstand position.
10.3.4	If the take-off is not balanced, powerful or does not result in an appropriate horizontal distance to the platform.
10.3.5	If in a twist, the twisting begins while the Athlete is still on the platform.
10.3.6	If in any dive from a standing and backwards-facing position, there is a crow-hop.
10.4.4.1.2 and 10.1.6	If the Straight Position is not shown as prescribed, or not performed properly.
10.4.4.2.2 and 10.1.6	If the Pike Position is not shown as prescribed, or not performed properly.
10.4.4.3.2 and 10.1.6	If the Tuck Position is not shown as prescribed, or not performed properly.
10.4.4.4.3 and 10.1.6	If the Free Position is not shown as prescribed, or not performed properly.
10.4.4.5.2 and 10.1.6	If the Three Positions are not shown as prescribed, or not performed properly.
10.5.4	If the arms are not in the correct position at the entry (other than as prescribed in Article 10.5.3).

11.10 Judges to reduce their award by between 0.5 and 3 points:

Article	Fault
10.4.6.2	If the Athlete changes Position at or immediately before entry.

11.11 Judges to reduce their award (by an unspecified amount, according to their opinion)

Article	Fault
10.1.5	If a dive is performed partially in a Position(s) other than that announced.
10.1.8	If an Athlete touches the platform during the flight with the feet or hands.
10.4.2	If the flight is not performed in a straight vertical line.
10.5.2	If the entry is not performed as described (in Article 10.5.1: vertical and straight, not bent or twisted, with the feet together).



12 AGE GROUP RULES

12.1 General age group provisions:

12.1.1 Unless otherwise stated in this Article 12 of this Part Five, the rules in this Part Five apply to High Diving in junior age group (Age Group A and Age Group B) events, as well as in senior events.

12.1.2 The junior age groups (Age Group A and Age Group B) are the same in both sexes (men/women, boys/girls).

12.1.3 Where this Part Five refers to age or age groups, age is determined by the age of the Athlete on 31 December on the year of the start date of the competition in which they are competing.

12.2 Age Group A events (ages 17 – 19):

12.2.1 will be performed from a 15 metre platform;

12.2.2 will comprise four (4) different dives from at least three (3) Groups:

12.2.2.1 two (2) dives with a maximum Degree of Difficulty of 2.5 (if the Degree of Difficulty of either of these dives is lower than 2.5, then the assigned or calculated Degree of Difficulty for that dive Number will be used. If the Degree of Difficulty of either of these dives is 2.5 or higher, then 2.5 will be used as the Degree of Difficulty regardless of the usual Degree of Difficulty for the dive performed);

12.2.2.2 two (2) dives with any Degree of Difficulty;

12.2.2.3 at least one (1) of the four (4) dives must include a Barani; and

12.2.2.4 at least one (1) of the four (4) dives must include a back or reverse rotating entry.

12.3 Age Group B events (ages 15 – 16):

12.3.1 will be performed from a 15 metre platform;

12.3.2 will comprise four (4) different standing (not Armstand) dives from at least two (2) Groups:

12.3.2.1 two (2) dives with a maximum Degree of Difficulty of 2.5 (if the Degree of Difficulty of either of these dives lower than 2.5, then the assigned or calculated Degree of Difficulty for that dive Number will be used. If the Degree of Difficulty of either of these dives is 2.5 or higher, then 2.5 will be used as the Degree of Difficulty regardless of the usual Degree of Difficulty for the dive performed);

12.3.2.2 two (2) dives with any Degree of Difficulty;

12.3.2.3 at least one (1) of the four (4) dives must include a Barani; and

12.3.2.4 at least one (1) of the four (4) dives must include a back or reverse rotating entry.

12.4 Specific rules for the World Aquatics Junior High Diving Championships:

12.4.1 The World Aquatics Junior High Diving Championships will, whenever possible subject always to World Aquatics' discretion, be held every two years for both Age Group A and Age Group B.

12.4.2 Each Member Federation is entitled to enter a maximum of three (3) Athletes in each event, per age group.

12.4.3 Athletes must only compete in the age group matching their individual age.

12.4.4 Each event will comprise one, final stage. The programme schedule must be approved by the Bureau, upon recommendation of the Technical High Diving Committee.

12.4.5 If available, a Judges Panel of seven (7) Judges will judge each dive. If seven (7) Judges are not available, a Judges Panel of five (5) Judges will judge each dive.

12.4.6 As per the general rule for High Diving events, each event will be conducted in two (2) sessions across a period of two (2) days or three (3) days.

13 REGISTRATIONS AND SPORTS ENTRIES

13.1 At the World Aquatics Championships, each Member Federation may enter a maximum of three (3) Athletes in each of the men's and the women's events.

13.2 The Bureau will determine and publish the principles and system of qualification for High Diving events at the World Aquatics Championships and other World Aquatics Events.



14 HIGH DIVING FACILITIES AND EQUIPMENT

14.1 General requirements for High Diving facilities at World Aquatics Events:

- 14.1.1** High Diving should wherever possible take place in a controlled environment with purpose-built fabricated towers and pools for diving.
- 14.1.2** Where purpose-built towers and pools are not used, High Diving may be performed from fabricated platforms on existing buildings or natural cliff faces into open water (sea, lakes or rivers etc.), subject to prior approval from World Aquatics.
- 14.1.3** Wherever possible, the pool should be rectangular. Temporary round pools, or other pools in natural environments, may be used in special circumstances, subject to prior approval from World Aquatics and the Technical High Diving Committee.
- 14.1.4** The dimensions for High Diving facilities, as set out in this Article 14 of this Part Five and in Appendices 2 and 3 must be observed, subject to Article 14.1.5 of this Part Five. Dimensions should be measured and referred to in metres.
- 14.1.5** The dimensions for facilities at a High Diving event may be adjusted for a particular competition, where necessary in the location and circumstances, subject to prior consultation with and approval by the Bureau.
- 14.1.6** High Diving facilities are only for the use of expert Athletes, they are not suitable for public use. Management Committees, local authorities, venue managers and others with responsibility for High Diving facilities and/or equipment must ensure that security guards and/or lockable structures or gates are in place to prevent any unauthorised persons climbing or otherwise using the High Diving towers.
- 14.1.7** All High Diving facilities and equipment must be inspected and approved by the World Aquatics Technical Delegate and a member of the Technical High Diving Committee no later than 120 days prior to the start date of the competition, to ensure compliance with the requirements in this Part Five. For the avoidance of doubt, this requirement applies to all facilities and equipment for each World Aquatics Event, including those held at newly constructed facilities (which, wherever possible, should seek prior approval from the World Aquatics Technical Committee or its delegate on the design of such new facilities).

14.2 High Diving platforms:

- 14.2.1** Each platform must be rigid and horizontal (parallel to the water's surface).
- 14.2.2** The dimensions of the platform for each platform height (including heights used in practice sessions) must be:

Platform	Width	Length
3m	2.00m (1.50m*)	5.00m (2.0m *)
5m	2.00m (1.50m *)	5.00m (2.0m *)
7.5m	2.00m (1.50m *)	5.00m (2.0m *)
10m	2.00m (1.50m *)	5.00m (2.0m *)
Between 10.01m and 19.99m (including 11m, 12m and 15m)	2.00m (1.50m *)	5.00m (2.0m *)
20m	2.00m	5.00m
Between 20.01m and 26.99m	2.00m (1.50m *)	5.00m (2.0m *)
27m	2.00m	5.00m

* Accepted for World Aquatics Events other than the World Aquatics Championships and High Diving World Cup events.

- 14.2.3** The thickness of the front edge of the platform must not exceed 0.2 metres and may be vertical or inclined at an angle not greater than 10 degrees to the vertical inside the plummet line (which is a vertical line, perpendicular to the water's surface, extending through the centre of the front edge of the platform).
- 14.2.3.1** The entire surface of all platforms must be covered with slip-resistant material that must have a tread pattern that provides sufficient friction in wet and dry conditions such that the Athletes do not slip when performing dives in all directions.
- 14.2.3.2** If a surface material which has not previously been approved by World Aquatics is proposed for use at a competition, a physical sample must be sent to the Technical High Diving Committee for testing and approval before it can be used.



- 14.2.3.3** Terracotta is the preferred colour of the platform surface material. Black, white and blue coloured surface materials are not permitted.
- 14.2.3.4** The colour of the carpet on the pool deck must not be blue. Grey is preferred.
- 14.2.4** The back and sides of each platform must be surrounded (on three sides) by handrails up to 1 metre from the edge of the platform with a minimum clearance of 1.8 metres between vertical pairs. The minimum height of those handrails must be 1 metre, and they must be accompanied by at least two horizontal crossbars placed outside the platform beginning 1 metre from the front edge of the platform.
- 14.2.5** Each platform must be accessible by suitable slip-resistant stairs (not ladders), and must also meet local building regulations and or health and safety standards that are applicable.
- 14.2.6** It is preferred that a platform is not constructed directly under any other platform, however in circumstances where this cannot be avoided then the dimensions must be as set out in Appendix 2.
- 14.2.7** The platform must be a concrete, steel or other rigid material construction as approved by World Aquatics:
- 14.2.7.1** The longitude and latitude movement/oscillation allowance for the entire tower structure must be 2.7 cm (1/1000 from 27m).
- 14.2.7.2** The maximum wind speed for the tower oscillation stability is 54km/hour (banners will affect stability).
- 14.2.7.3** The downward flex at the diving end of the platform must not exceed 2-3mm and must be approved by the relevant local authority/authorities.
- 14.2.8** In addition to the other requirements set out in this Part Five, High Diving platforms designed and constructed after 31 December 2017 must also meet the minimum dimensions detailed in Appendix 2 and (if applicable) Appendix 4.
- 14.2.9** Where possible the platforms should face north in the northern hemisphere and south in the southern hemisphere.
- 14.2.10** **Water temperature:**
- 14.2.10.1** In open water venues, the water temperature must not be lower than 18 degrees Celsius.
- 14.2.10.2** Wherever possible, the water temperature should be not less than 26 degrees Celsius when using an artificial pool.
- 14.2.11** A certificate of suitability for use of the venue must be issued by the appropriate local health and safety authorities. The certification must also confirm that the water quality is sufficient for human use (diving and swimming).
- 14.2.12** Surface agitation must be provided by a strong horizontal water spray and the scuba divers must also provide additional splash when necessary. The water spray must not be mounted higher than 1.50m above the water level. The water spray should be strong and provide foamy white water for better visibility for the athletes. The spray or the foam must be strong enough to cover the landing area.
- 14.2.13** If the wind speed exceeds 40km per hour then the Referee will decide if the competition can continue or must be paused until the wind speed falls to or below 40km per hour. A transportable air speed indicator must be available for use on all platforms being used in events on platforms 20m or higher (20m and 27m).
- 14.2.14** If lightning strikes within 3km of the High Diving facilities then the training or the competition must be suspended until the storm distance is further than 3km away from the High Diving facilities.
- 14.3** **Judges' seating:**
- 14.3.1** The Judges must sit side by side in two lines on one side of the platform, with the sunlight to their back or above them. In indoor facilities and special circumstances, the Referee may decide that the Judges are placed on both sides of the platforms.
- 14.3.2** No Judge will be seated behind the front edge of the platform.
- 14.3.3** The Judges must be seated at a distance between thirty (30) metres and forty (40) metres from the entry point of the platforms, and in a position elevated between three (3) and six (6) metres above the water level. Special local circumstances may influence the position of the Judges.
- 15** **SAFETY REQUIREMENTS**
- 15.1** In addition to the medical and safety requirements set out in Part One, the following safety and emergency rescue requirements apply in High Diving.
- 15.2** **Safety and emergency rescue requirements:**



- 15.2.1** As set out in this Part Five, safety and emergency rescue requirements vary between venues, to take into consideration the different facilities in High Diving (natural surroundings with open water, temporary or permanent facilities with artificial pools and clear water and line of site of the pool).
- 15.2.2** Safety personnel and equipment as required by this Article 15 of this Part Five must be appointed and/or recommended by the LOC and must be approved by World Aquatics prior to the event.
- 15.2.3** The minimum safety and emergency rescue requirements for competitive events and training at different High Diving facilities are as set out in the table immediately below:

	Facilities with open water		Temporary facilities with artificial pool (*H)		Permanent facilities	
	Training	Competition	Training	Competition	Training	Competition
Medical staff						
Doctors (*A)	1 to 2	2	1 to 2	2	-	2
Staffed ambulance	1	2	1	2	(*B)	1 to 2
Designated hospital (*C)	1	1	1	1	1	1
Safety Team						
Safety captain	1	1	1	1	2 (*D)	1 (*E)
Scuba diver	1	1	(*F)	1 (*F)		1 (*F)
Apnea swimmer	3	3	2	2		2 (*E)
Reserve apnea sw.	2 to 3	2 to 3	1 to 2	2		1 to 2 (*E)
Rescue equipment						
Rescue boats	2	2	2	2	-	2
Spinal boards	2	2	2	2	2	2
Stiff neck collars	5	5	5	5	5	5
Defibrillators	2	2	2	2	2	2
Oxygen tanks	2	2	2	2	2	2
Blankets	4 to 5	4 to 5	4 to 5	4 to 5	4 to 5	4 to 5
First aid kit	1	1	1	1	1	1
For recovery						
Ice baths (*G)	2	2	2	2	2	2

Footnotes:

(*A) Doctors must have the knowledge and ability to treat trauma injuries.

(*B) A staffed ambulance on alert within 15 minutes travel of the venue.

(*C) A designated hospital on alert with orthopaedic surgery facilities.

(*D) For all High Diving training sessions from heights ranging from 10m up to 27m, in permanent High Dive facilities with a constructed pool, clear water and line of site to the bottom of the pool, it is recommended that at least two (2) lifeguards should be dedicated to the High Diving pool and a third lifeguard on duty and available to be called in to assist via radio, verbal call or via hand signals. The two (2) lifeguards at the High Dive Pool should be stationed as close the pool edge as possible to minimize the response time in case of emergency. It is recommended that pool management conduct regular deep water rescue rehearsals. In accordance with Article 15.3 of this Part Five, World Aquatics, the Technical High Diving Committee (or the delegate(s) of either) may determine if any other requirements are necessary ahead of any session taking place.

(*E) LOCs may use qualified local staff (as opposed to staff approved and/or specified by World Aquatics) to address part of, or all of these safety requirements.

(*F) Scuba divers are mandatory in open water facilities. In other facilities (temporary with an artificial pool, or permanent), scuba safety diver(s) are not required, unless specified by the water safety captain.

(*G) Minimum width 0.8 m, length 1.2 m, depth 1 m, 14 °C water tubs.

(*H) A temporary platform constructed in a permanent facility will be subject to the safety requirements for permanent facilities.

- 15.3** In accordance with Article 15.2 of this Part Five, the requirements set out above are minimum requirements. World Aquatics, the Technical High Diving Committee or the delegate(s) of either may determine that additional safety and/or emergency rescue requirements must be met at any competition (whether during an event or training), including:



- 15.3.1** requiring that increased medical or safety measures or personnel be implemented, for example when the water is not clear; and/or
- 15.3.2** **requiring the use of lifeguards.**
- 15.4** Location of the Field of Play First Aid Treatment Area:
- 15.4.1** Every competition must have a designated Field of Play Medical Station at the venue:
- 15.4.1.1** Due to the outdoor nature of High Diving, it may happen that the Field of Play Medical Station is not within the Field of Play or directly next to it, but in each case it should be as close to the Field of Play as is reasonably possible given the geography and circumstances of the venue.
- 15.4.1.2** For example, the Field of Play Medical Station may be a medical boat in an open water environment, or on a temporary platform close to where the Athletes exit the water.
- 15.4.1.3** In indoor and controlled environments, the Field of Play Medical Station is usually easier to set up and therefore must be clearly labelled and be within or easily accessible from the Field of Play.
- 15.4.1.4** The staffed ambulance(s) required (pursuant to Article 15.2.3 of this Part Five) must also be easily accessible from the Field of Play Medical Station, whether it be by road, boat, or helicopter.

16 WATER SAFETY TEAM, STANDARD PROCEDURE FOR EACH DIVE

- 16.1** The water safety team is, dependent on the facilities at the venue and as required by Article 15.2.3 of this Part Five, comprised of:
- 16.1.1** **A safety captain, located on the pool deck or in a boat close to the pool, responsible for:**
- 16.1.1.1** overseeing the safety team and the implementation of safety requirements in the water;
- 16.1.1.2** conducting safety briefings and monitoring conditions in the water prior to and during training and competition; and
- 16.1.1.3** enforcing safety requirements as required, including coordinating between Technical Officials, Athletes, the safety team and/or emergency responders.
- 16.1.2** **Apnea swimmer(s) (including reserve apnea swimmers where in the water in place of apnea swimmers), who will:**
- 16.1.2.1** be trained in apnea (breath holding) techniques;
- 16.1.2.2** be located in or close to water; and
- 16.1.2.3** if required, assist Athletes after entry and the completion of their dive; and
- 16.1.3** **Scuba diver(s), who will:**
- 16.1.3.1** be located in the water to monitor Athlete's safety on and after entry and the completion of their dives;
- 16.1.3.2** if required, assist Athletes after their entry, with regard to safety; and
- 16.1.3.3** be equipped with appropriate scuba equipment for diving underwater at the venue in question.
- 16.2** **Members of the water safety team in the water during High Diving events (both during competition and training) are required to:**
- 16.2.1** determine and position themselves in reasonable positions close to the Athlete's anticipated point of entry for each dive;
- 16.2.2** between dives, return as quickly as possible to their assigned position after any action where they have moved;
- 16.2.3** find reference points around the competition area in order to ensure they are in the right location;
- 16.2.4** be aware of any currents (particularly in open water) that could pull them out of position;

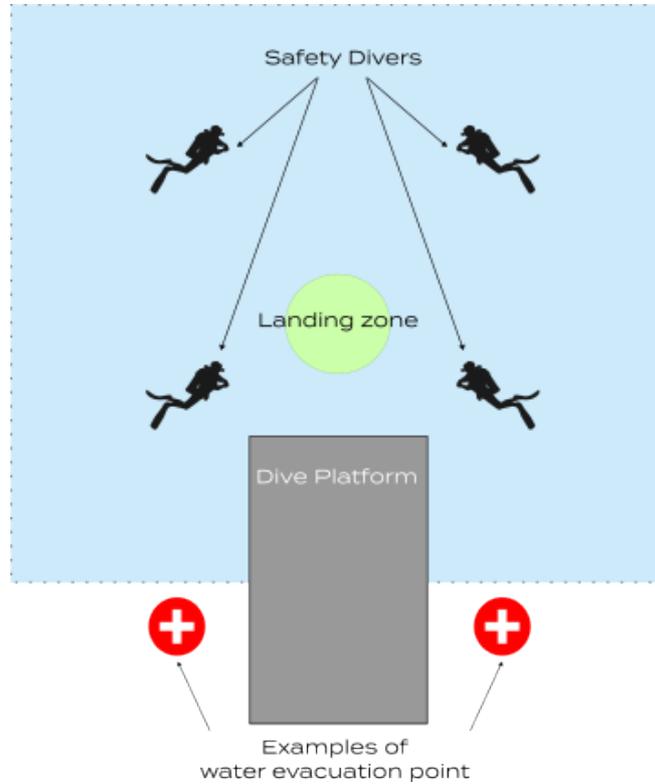


- 16.2.5** regularly look up to the platform and be constantly aware of when the Athletes are planning to dive;
- 16.2.6** observe Athletes, in particular to observe signals from Athletes that safety team members should move closer or further away from the point of entry with hand signals;
- 16.2.7** wherever possible, observe the whole of each dive and, as soon as the Athlete hits the water, dive down to approximately 3 metres in the direction of the Athletes and observe and assess the condition of the Athlete;
- 16.2.8** if the water safety team (or a member thereof) considers that an Athlete requires assistance, they will assist the Athlete;
- 16.2.9** accompany the Athlete up to the surface of the water; and
- 16.2.10** once the Athlete reaches the surface of the water and signals that they are safe, (by a clear hand signal or otherwise), the water safety team members return to their starting position without delay and look back up at the platform for the next dive.
- 16.3** **Hazardous entry:**
- 16.3.1** If the Referee considers that the Athlete's entry is hazardous or that the Athlete's safety upon or after entry may be at risk, the Referee will announce (on the emergency channel on the radio, if in use during the event), "*bad landing*".
- 16.3.2** Where the Referee announces a bad landing, the water safety captain must signal to the water safety team with a loud whistle or with a hand signal. The water safety team will proceed to assist the Athlete as necessary and/or appropriate in the circumstances, which may include:
- 16.3.2.1** immediately securing the Athlete on a spinal board with a stiff neck collar;
- 16.3.2.2** if the Athlete is unable to breath, turning the Athlete on their back and keeping their nose and mouth entirely clear of the water;
- 16.3.2.3** keeping the Athlete on a spinal board while still in the water and only thereafter transferred onto land (deep water spinal injury management);
- 16.3.2.4** taking the Athlete to the Field of Play Medical Area or ambulance without delay; and/or
- 16.3.2.5** if appropriate, concluding that the Athlete is safe and that further steps are not necessary.
- 16.3.3** If the Athlete is taken to the Field of Play Medical Area or ambulance (and/or if otherwise appropriate), the doctor will decide whether further treatment is necessary or appropriate. Such treatment may occur in the competition area or after transportation to a hospital. It is highly unlikely that the doctor will allow the Athlete to continue competition after a bad landing.
- 16.3.4** A World Aquatics representative or delegate will, wherever possible, travel with any Athlete transported to hospital following a hazardous entry.
- 16.3.5** Even without a hazardous entry, an Athlete may sustain a serious injury or even be knocked unconscious. The water safety team and medical team will provide assistance as required, whether or not the entry is hazardous or announced as such by the Referee.
- 16.3.6** Athletes may consult with medical professionals on site at any point during a competition (including training and during events), for any reason, including as to whether it is medically responsible to continue with the competition.
- 16.3.7** Athletes may inform the Referee at any time that they wish to withdraw from the competition.



16.4 Rescue Map:

16.4.1 A clear evacuation path – which may vary at each event location – must be clearly known by the water safety team. An example is set out in the diagram immediately below.



16.5 Dry-land facilities:

16.5.1 For the safety, practice and development of the Athletes and competition organisers, it is strongly recommended (but not mandatory) that the following dry-land facilities be incorporated at the venue and placed adjacent to the competitive High Diving competition area:

- 16.5.1.1** 1 x trampoline, Olympic standard, length 5.2 m, width 3.05 m, height 1.15 m.
- 16.5.1.2** 4 x foam crash mats, minimum length 1.4 m, width 1.0 m, height 0.25 m.
- 16.5.1.3** 2 x somersault boxes, minimum length 1.0 m, width 1.0 m, height 0.3 m.
- 16.5.1.4** 25 x exercise mats, length 1.8 m, width 0.5 m, height 0.02 m.
- 16.5.1.5** 5 x spinning bikes.

16.6 Electronic officiating equipment for High Diving:

- 16.6.1** Where electronic officiating equipment is in use, it will be used to record the Judges' award for each Athlete and determine the final score for each dive.
- 16.6.2** Where electronic officiating equipment is used, it must be able to:
 - 16.6.2.1** Record Judges' awards by whole and half points.
 - 16.6.2.2** Be able to display all recorded and calculated information for each Athlete's dive, both before and after each dive.
 - 16.6.2.3** Be able to display the scores for all Athletes before and after each dive.
 - 16.6.2.4** Be able to display the rank order and scores for all Athletes after each round of dives, and at the conclusion of each session and event.
 - 16.6.2.5** Enable Judges to enter their award and to see their award on a screen on the device. After the Referee has accepted the Judges' awards, all awards must be displayed on each device.



- 16.6.3** The Referee will be provided with a monitor on which they will be able to view the awards of all the Judges prior to the awards then being displayed on the score board and, preferably, with video footage to observe the Athletes' performance if needed.
- 16.6.4** **At all events, printed information regarding the scores in the event must be made available to Athletes or their representatives. Such information may include:**
- 16.6.4.1** The draw for the diving order.
- 16.6.4.2** A start list for each session or event.
- 16.6.4.3** A ranking of dives at the end of each round.
- 16.6.4.4** A ranking of dives at the end of each event.
- 16.6.4.5** Judges' awards and scores for each Athlete at the end of each session and event.

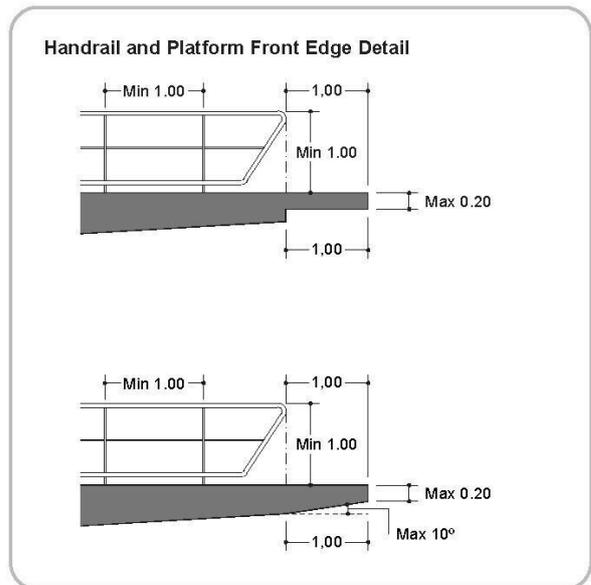
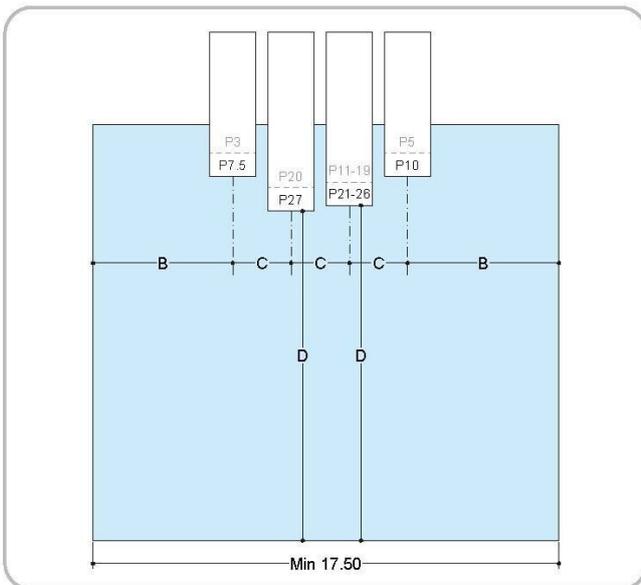
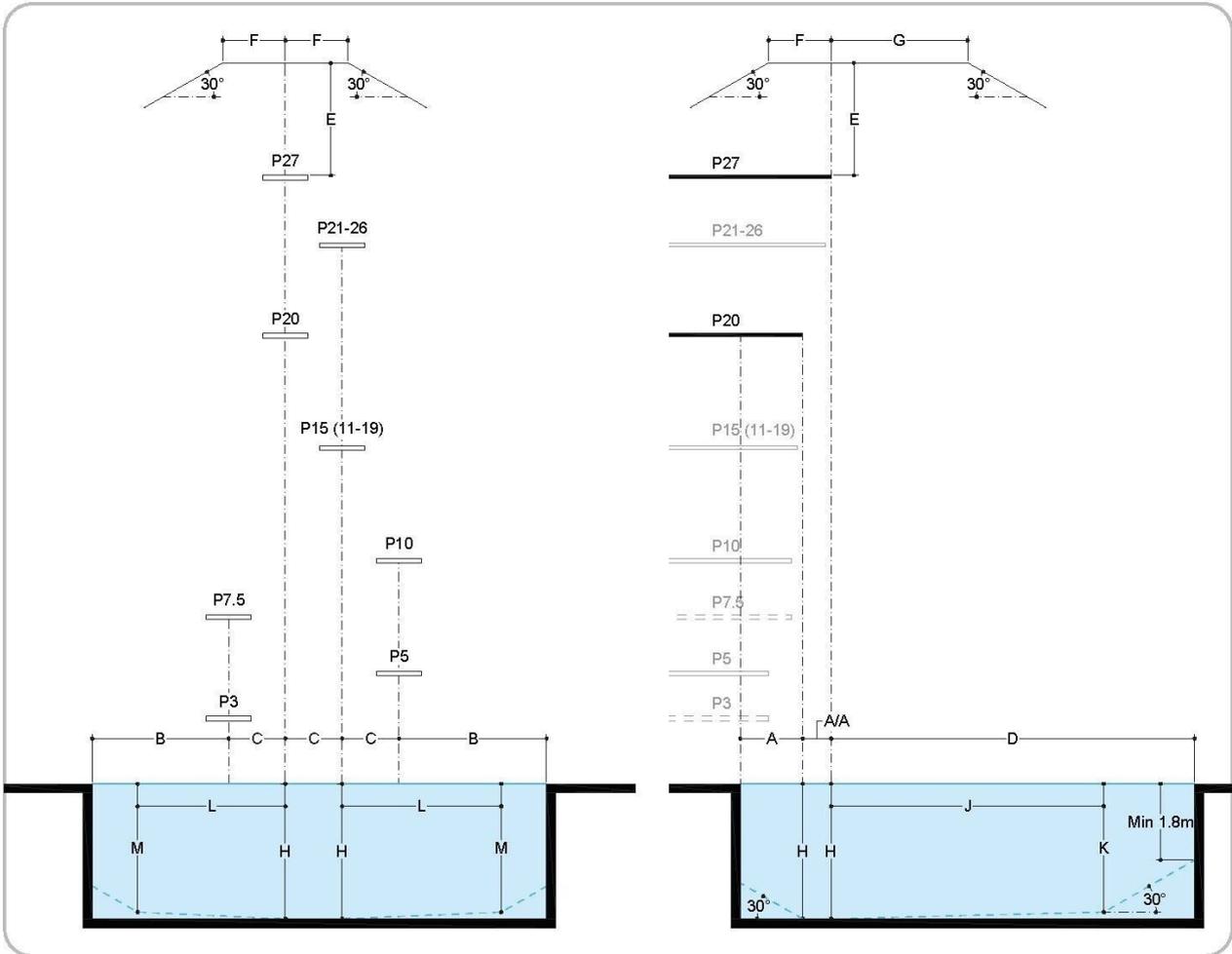
17 APPENDICES

17.1	APPENDIX 1 – DIAGRAM OF GENERAL STANDARD FACILITIES	199
17.2	APPENDIX 2 – REQUIRED FACILITY DIMENSIONS	200
17.3	APPENDIX 3 – DIAGRAM OF A TEMPORARY ROUND POOL	201
17.4	APPENDIX 4 – TABLE OF DIMENSIONS FOR TEMPORARY ROUND POOLS REQUIREMENTS FOR FACILITIES CONSTRUCTED AFTER 31 ST DECEMBER 2017	202
17.5	APPENDIX 5 – DIAGRAM OF OF GENERAL STANDARD FACILITIES COMBINED WITH DIVING FACILITIES	203
17.6	APPENDIX 6 – FORMULA AND COMPONENTS OF DEGREE OF DIFFICULTY	204



17.1

APPENDIX 1 – DIAGRAM OF GENERAL STANDARD FACILITIES




17.2 APPENDIX 2 – REQUIRED FACILITY DIMENSIONS

In accordance with Article 14.2.8 of this Part Five, the following required dimensions apply to High Diving facilities designed and constructed after 31 December 2017.

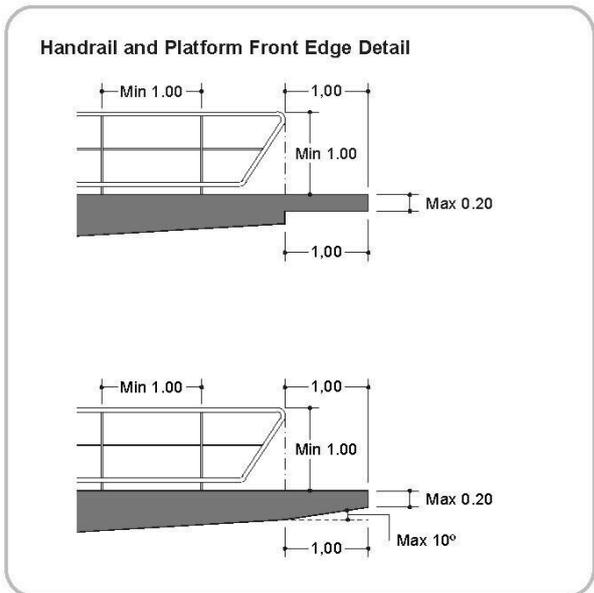
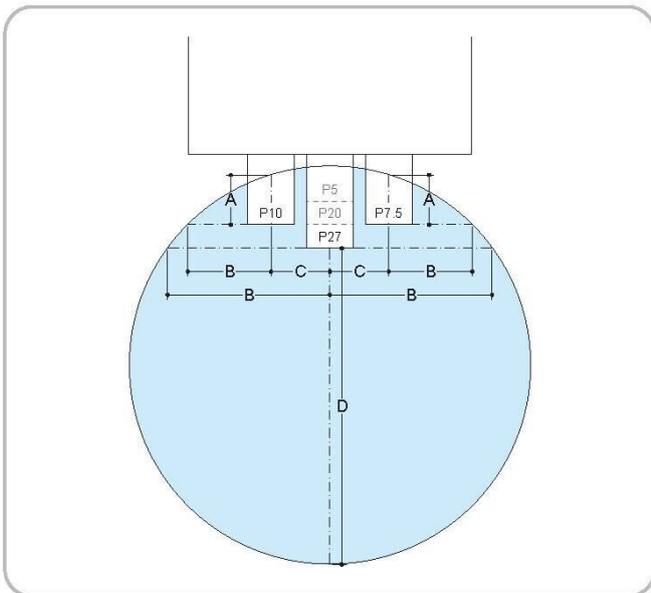
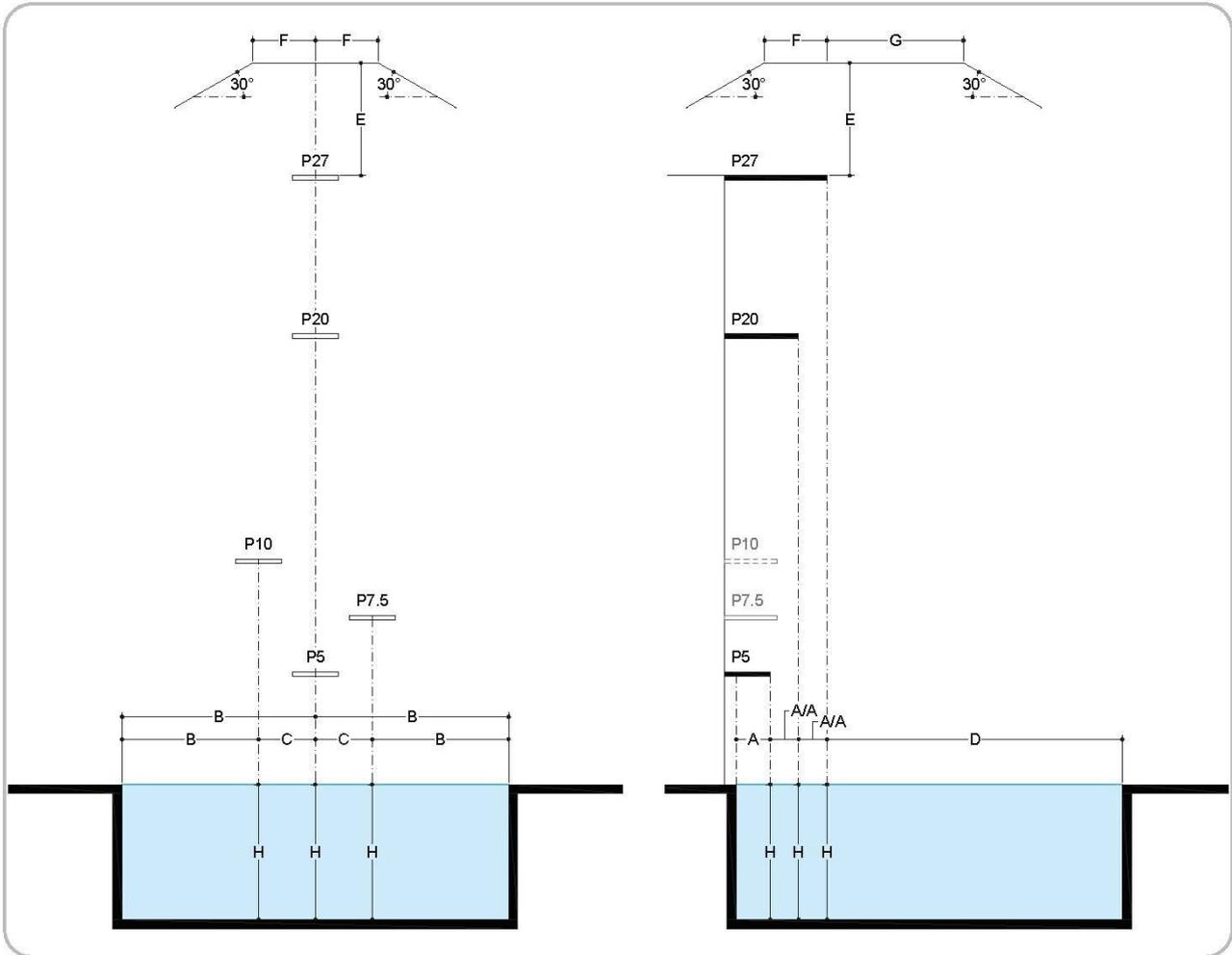
WORLD AQUATICS			PLATFORM																	
Dimensions for High Diving Facilities			P 3		P 5		P 7.5		P 10		P 15 (P 11-19) 4		P 20		P 21-26 5		P 27			
		Length	Minimum 2)		5.00		5.00		5.00		5.00		5.00		5.00		5.00			
		Width	Minimum 2)		2.00		2.00		2.00		2.00		2.00		2.00		2.00			
		Height			3.00		5.00		7.50		10.00		15.00		20.00		21.00 - 26.00		27.00	
			Tolerance 3)		± 0.50		± 0.50		± 0.50		± 0.50		± 0.50		± 0.50		± 0.50		± 0.50	
			Horiz	Vert	Horiz	Vert	Horiz	Vert	Horiz	Vert	Horiz	Vert	Horiz	Vert	Horiz	Vert	Horiz	Vert		
A	From plumbet BACK TO POOL WALL or OBSTACLE	Designation	A-P3		A-P5		A-P7.5		A-P10		A-P15		A-P20		A-(P21-26)		A-P27			
		Minimum	1.25		1.25		1.25		1.50		1.75		2.00		2.00		2.00			
A/A	From plumbet BACK TO PLATFORM plumbet directly below	Designation			A/A-P5		A/A-P7.5		A/A-P10		A/A-P15		A/A-P20		A/A-(P21-26)		A/A-P27			
		Minimum			1.00		1.00		1.00		1.00		1.00		1.00		1.00			
B	From plumbet POOL WALL or OBSTACLE AT SIDE	Designation	B-P3		B-P5		B-P7.5		B-P10		B-P15		B-P20		C-(P21-26)		B-P27			
		Minimum	3.50		3.75		4.50		5.50		5.50		6.00		6.50		7.00			
C	From plumbet to ADJACENT PLUMMET 1)	Designation	C-P3		C-P5		C-P7.5		C-P10		C-P15		C-P20		C-(P21-26)		C-P27			
		Minimum	2.50		2.50		2.50		2.50		2.50		2.50		2.50		2.50			
D	From plumbet to POOL WALL or OBSTACLE AHEAD	Designation	D-P3		D-P5		D-P7.5		D-P10		D-P15		D-P20		D-(P21-26)		D-P27			
		Minimum	9.50		10.25		11.00		13.50		14.00		14.00		15.00		15.00			
E	On plumbet, from PLATFORM TO CEILING/ PLATFORM ABOVE	Designation		E-P3		E-P5		E-P7.5		E-P10		E-P15		E-P20		E-(P21-26)		E-P27		
		Minimum		4.00		4.00		4.00		4.00		4.00		4.00		4.00		4.00		
F	Clear Overhead BEHIND AND EACH SIDE of plumbet	Designation	F-P3	E-P3	F-P5	E-P5	F-P7.5	E-P7.5	F-P10	E-P10	F-P15	E-P15	F-P20	E-P20	F-(P21-26)	E-(P21-26)	F-P27	E-P27		
		Minimum	2.75	3.50	2.75	4.00	2.75	4.00	2.75	4.00	2.75	4.00	2.75	4.00	2.75	4.00	2.75	4.00		
G	Clear Overhead AHEAD of plumbet	Designation	G-P3	E-P3	G-P5	E-P5	G-P7.5	E-P7.5	G-P10	E-P10	G-P15	E-P15	G-P20	E-P20	G-(P21-26)	E-(P21-26)	G-P27	E-P27		
		Minimum	5.00	4.00	5.00	4.00	5.00	4.00	6.00	4.00	6.00	4.00	6.00	4.00	6.00	4.00	6.00	4.00		
H	DEPTH OF WATER at plumbet	Designation		H-P3		H-P5		H-P7.5		H-P10		H-P15		H-P20		H-P24		H-P27		
		Minimum		3.60		3.80		4.00		5.00		5.00		5.00		5.00		5.00		
		Preferred		4.00		4.00		4.50		5.00		5.50		5.80		5.80		5.80		
J	DISTANCE and DEPTH	Designation	J-P3	K-P3	J-P5	K-P5	J-P7.5	K-P7.5	J-P10	K-P10	J-P15	K-P15	J-P20	K-P20	J-(P21-26)	K-(P21-26)	J-P27	K-P27		
		Minimum	5.50	3.40	6.00	3.60	8.00	4.30	11.00	4.80	11.50	5.30	12.00	5.60	12.00	5.60	12.00	5.60		
L	DISTANCE and DEPTH	Designation	L-P3	M-P3	L-P5	M-P5	L-P7.5	M-P7.5	L-P10	M-P10	L-P15	M-P15	L-P20	M-P20	L-(P21-26)	M-(P21-26)	L-P27	M-P27		
		Minimum	2.30	3.40	3.50	3.60	4.50	4.30	5.25	4.80	5.50	5.30	6.00	5.60	6.50	5.60	7.00	5.60		
M	EACH SIDE of plumbet	Minimum	2.30	3.40	3.50	3.60	4.50	4.30	5.25	4.80	5.50	5.30	6.00	5.60	6.50	5.60	7.00	5.60		
N			Maximum Slope to reduce dimensions beyond full requirements for pool depth and ceiling height = 30°Degrees																	

Notes:

- The appropriate local authorities must certify that the following minimum requirements are observed:
- The side distance between platforms must not be less than 0.50 metres.
- For High Diving events other than World Aquatics Championships and World Cups the following minimum platform dimensions are accepted: length 2.0m / width 1.5m; adjacent platform distances between platforms to be adjusted accordingly with the respect of 0.50 metres distance between the platforms.
- In natural surroundings (sea, lakes, rivers etc.) height tolerance: ± 0.5 metres.
- 15 metres is an official height for Age Group A (17 - 19) and Group B (15 - 16) competitions and dimensions valid for all heights between 11 - 19 metres.
- The value for a 24 metre platform is valid for all heights between 21.00 - 26.00 metres.



17.3 APPENDIX 3 – DIAGRAM OF A TEMPORARY ROUND POOL




17.4
**APPENDIX 4 – TABLE OF DIMENSIONS FOR TEMPORARY ROUND POOLS
REQUIREMENTS FOR FACILITIES CONSTRUCTED AFTER 31ST DECEMBER 2017**

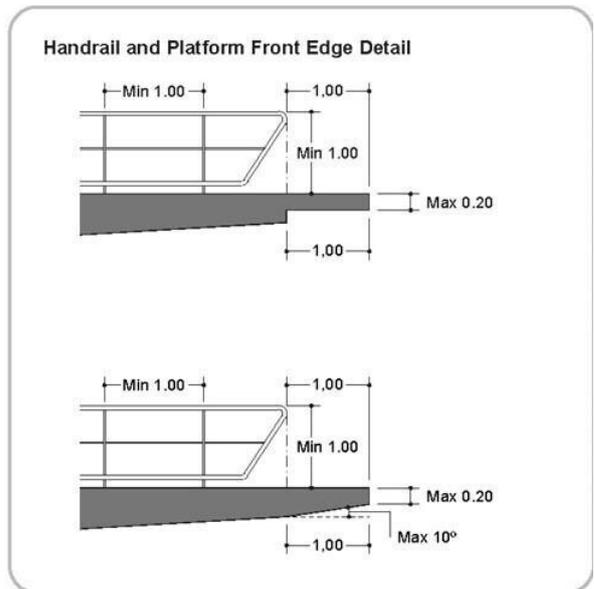
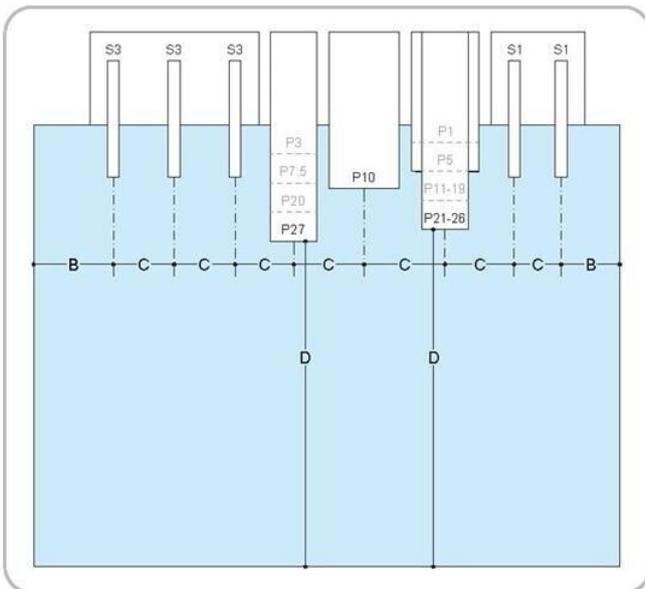
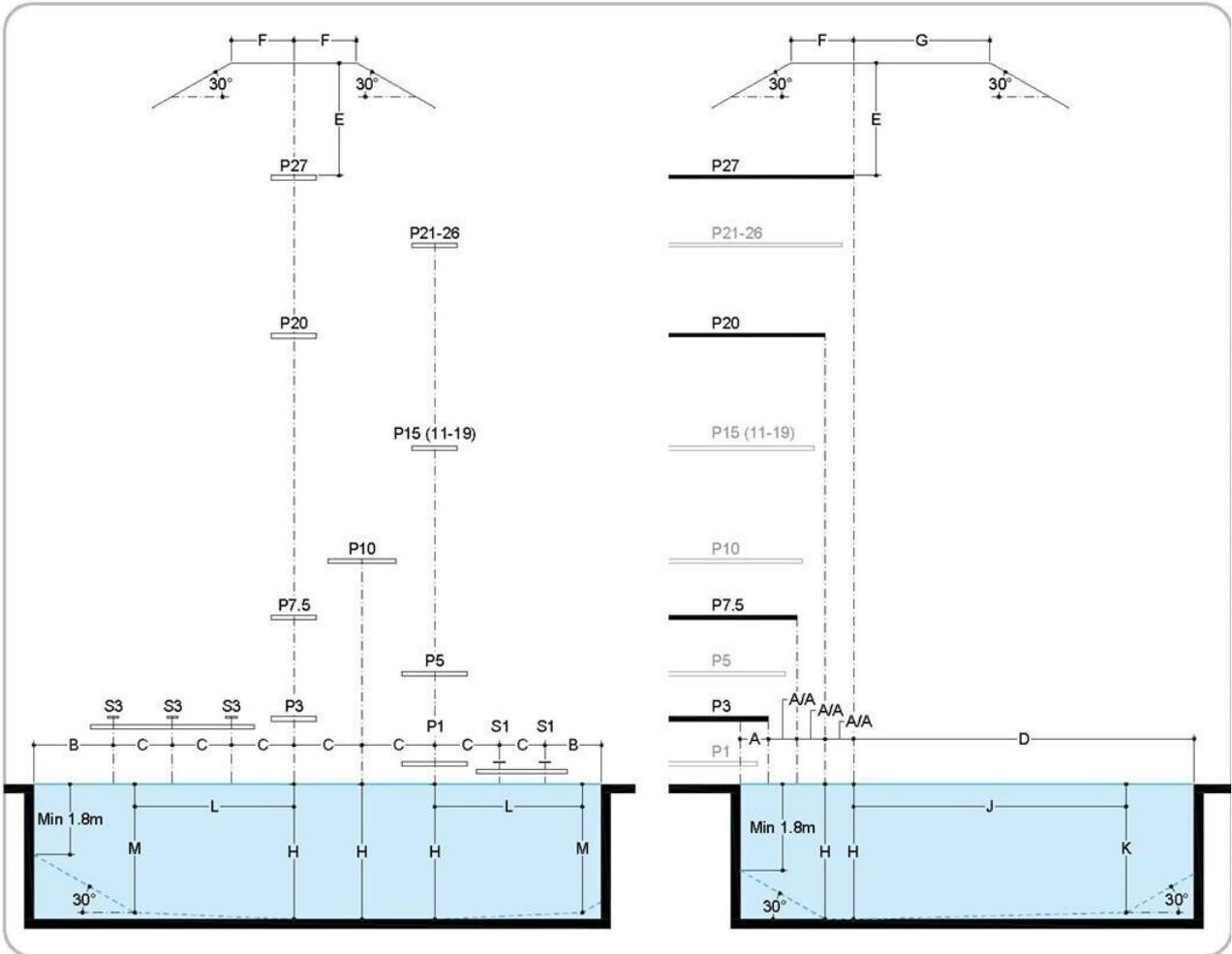
WORLD AQUATICS Dimensions for High Diving temporary round pools			PLATFORM				
			P 5	P 7.5	P 10	P 20	P 27
Round pool diameter 17 m	Length	Minimum	5.00	5.00	5.00	5.00	5.00
	Width	Minimum	2.00	2.00	2.00	2.00	2.00
	Height		5.00	7.50	10.00	20.00	27.00
		Tolerance		± 0.05	± 0.05	± 0.05	± 0.05
A	From plummet BACK TO POOL WALL		1.50	1.85	1.85	2.25	3.00
A/A	From plummet BACK TO PLATFORM plummet direct below					0.75	0.75
B	From plummet to POOL WALL AT SIDE		4.80	3.20	3.20	5.70	6.40
C	From plummet to ADJACENT PLUMMET *		2.50	2.50	2.50	2.50	2.50
D	From plummet to POOL WALL AHEAD		14.00	14.00	14.00	14.00	14.00
H	DEPTH OF WATER at plummet		5.80	5.80	5.80	5.80	5.80

Notes:

- The appropriate local authorities must certify that the following minimum requirements are observed:
- the side distance between platforms must not be less than 0.50 metre.
- As set out in Article 14.1.3, Temporary round pools, or other pools in natural environments, may only be used in special circumstances, subject to prior approval from World Aquatics and the Technical High Diving Committee.
- The same dimensions and configuration of the platforms may be achieved in a rectangular pool with the following dimensions: 14 x 17 metres.



17.5 APPENDIX 5 – DIAGRAM OF OF GENERAL STANDARD FACILITIES COMBINED WITH DIVING FACILITIES





HIGH DIVING: 12 METERS

STANDING DIVES A+B+C+D+E+F=DD		ARMSTAND DIVES A+B+C+D+E+F=DD																																																																									
FORWARD (GROUP 1)		FORWARD (GROUP 5)																																																																									
1 - 51		6 - 61																																																																									
A. SOMERSAULTS	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2.3</td><td>2.6</td><td>3.4</td><td>4.7</td><td>-</td></tr> </table>	2	4	6	8	10	2.3	2.6	3.4	4.7	-	A1. SOMERSAULTS	<table border="1"> <tr><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>2.3</td><td>2.6</td><td>3.4</td><td>4.7</td><td>-</td></tr> </table>	1	3	5	7	9	2.3	2.6	3.4	4.7	-																																																				
2	4	6	8	10																																																																							
2.3	2.6	3.4	4.7	-																																																																							
1	3	5	7	9																																																																							
2.3	2.6	3.4	4.7	-																																																																							
B. APPROACH	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>-</td></tr> </table>	2	4	6	8	10	0.0	0.0	0.0	0.0	-	B1. APPROACH	<table border="1"> <tr><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>-</td></tr> </table>	1	3	5	7	9	0.0	0.1	0.3	0.5	-																																																				
2	4	6	8	10																																																																							
0.0	0.0	0.0	0.0	-																																																																							
1	3	5	7	9																																																																							
0.0	0.1	0.3	0.5	-																																																																							
C. TWISTS BARANI ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.0</td><td>0.2</td><td>0.4</td><td>0.6</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.5</td><td>0.9</td><td>1.5</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.0</td><td>1.6</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.7</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>-</td><td>2.6</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	1	0.0	0.2	0.4	0.6	-	3	-	0.5	0.9	1.5	-	5	-	1.0	1.6	-	-	7	-	1.7	-	-	-	9	-	2.6	-	-	-	C1. TWISTS BARANI ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>1.0</td><td>1.6</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.3</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	1	3	5	7	9	1	0.0	0.1	0.3	0.5	-	3	-	0.6	1.0	1.6	-	5	-	1.3	-	-	-	7	-	-	-	-	-	9	-	-	-	-	-
1/2 tw	2	4	6	8	10																																																																						
1	0.0	0.2	0.4	0.6	-																																																																						
3	-	0.5	0.9	1.5	-																																																																						
5	-	1.0	1.6	-	-																																																																						
7	-	1.7	-	-	-																																																																						
9	-	2.6	-	-	-																																																																						
1/2 tw	1	3	5	7	9																																																																						
1	0.0	0.1	0.3	0.5	-																																																																						
3	-	0.6	1.0	1.6	-																																																																						
5	-	1.3	-	-	-																																																																						
7	-	-	-	-	-																																																																						
9	-	-	-	-	-																																																																						
D. TWISTS BLIND ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2</td><td>-</td><td>0.8</td><td>1.3</td><td>2.1</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.4</td><td>2.1</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>2.2</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	2	-	0.8	1.3	2.1	-	4	-	1.4	2.1	-	-	6	-	2.2	-	-	-	D1. TWISTS BLIND ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>2</td><td>-</td><td>0.9</td><td>1.5</td><td>2.3</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.7</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	1	3	5	7	9	2	-	0.9	1.5	2.3	-	4	-	1.7	-	-	-	6	-	-	-	-	-																								
1/2 tw	2	4	6	8	10																																																																						
2	-	0.8	1.3	2.1	-																																																																						
4	-	1.4	2.1	-	-																																																																						
6	-	2.2	-	-	-																																																																						
1/2 tw	1	3	5	7	9																																																																						
2	-	0.9	1.5	2.3	-																																																																						
4	-	1.7	-	-	-																																																																						
6	-	-	-	-	-																																																																						
E. BLIND ENTRY	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.2</td><td>0.5</td><td>0.8</td><td>1.2</td><td>-</td></tr> </table>	2	4	6	8	10	0.2	0.5	0.8	1.2	-	E1. BLIND ENTRY	<table border="1"> <tr><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>0.1</td><td>0.4</td><td>0.8</td><td>1.2</td><td>-</td></tr> </table>	1	3	5	7	9	0.1	0.4	0.8	1.2	-																																																				
2	4	6	8	10																																																																							
0.2	0.5	0.8	1.2	-																																																																							
1	3	5	7	9																																																																							
0.1	0.4	0.8	1.2	-																																																																							
BACK (GROUP 2)		BACK (GROUP 5)																																																																									
2 - 52		6 - 62																																																																									
A. SOMERSAULTS	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2.3</td><td>2.6</td><td>3.4</td><td>4.7</td><td>-</td></tr> </table>	2	4	6	8	10	2.3	2.6	3.4	4.7	-	A1. SOMERSAULTS	<table border="1"> <tr><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>2.3</td><td>2.6</td><td>3.4</td><td>4.7</td><td>-</td></tr> </table>	1	3	5	7	9	2.3	2.6	3.4	4.7	-																																																				
2	4	6	8	10																																																																							
2.3	2.6	3.4	4.7	-																																																																							
1	3	5	7	9																																																																							
2.3	2.6	3.4	4.7	-																																																																							
B. APPROACH	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>-</td></tr> </table>	2	4	6	8	10	0.2	0.3	0.5	0.7	-	B1. APPROACH	<table border="1"> <tr><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.3</td><td>0.5</td><td>-</td></tr> </table>	1	3	5	7	9	0.0	0.0	0.3	0.5	-																																																				
2	4	6	8	10																																																																							
0.2	0.3	0.5	0.7	-																																																																							
1	3	5	7	9																																																																							
0.0	0.0	0.3	0.5	-																																																																							
C. TWISTS BARANI ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.4</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>0.6</td><td>0.9</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.2</td><td>1.7</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>2.0</td><td>2.7</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	2	0.1	0.2	0.3	0.4	-	4	-	0.6	0.9	-	-	6	-	1.2	1.7	-	-	8	-	2.0	2.7	-	-	C1. TWISTS BARANI ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>2</td><td>0.1</td><td>0.2</td><td>0.4</td><td>0.6</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>0.7</td><td>1.0</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.4</td><td>1.8</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>2.3</td><td>2.8</td><td>-</td><td>-</td></tr> </table>	1/2 tw	1	3	5	7	9	2	0.1	0.2	0.4	0.6	-	4	-	0.7	1.0	-	-	6	-	1.4	1.8	-	-	8	-	2.3	2.8	-	-												
1/2 tw	2	4	6	8	10																																																																						
2	0.1	0.2	0.3	0.4	-																																																																						
4	-	0.6	0.9	-	-																																																																						
6	-	1.2	1.7	-	-																																																																						
8	-	2.0	2.7	-	-																																																																						
1/2 tw	1	3	5	7	9																																																																						
2	0.1	0.2	0.4	0.6	-																																																																						
4	-	0.7	1.0	-	-																																																																						
6	-	1.4	1.8	-	-																																																																						
8	-	2.3	2.8	-	-																																																																						
D. TWISTS BLIND ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.9</td><td>1.4</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.6</td><td>2.3</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.5</td><td>3.4</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	1	0.3	0.5	0.8	1.1	-	3	-	0.9	1.4	-	-	5	-	1.6	2.3	-	-	7	-	2.5	3.4	-	-	D1. TWISTS BLIND ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.3</td><td>0.5</td><td>0.9</td><td>1.3</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>1.0</td><td>1.5</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.8</td><td>2.4</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.8</td><td>3.5</td><td>-</td><td>-</td></tr> </table>	1/2 tw	1	3	5	7	9	1	0.3	0.5	0.9	1.3	-	3	-	1.0	1.5	-	-	5	-	1.8	2.4	-	-	7	-	2.8	3.5	-	-												
1/2 tw	2	4	6	8	10																																																																						
1	0.3	0.5	0.8	1.1	-																																																																						
3	-	0.9	1.4	-	-																																																																						
5	-	1.6	2.3	-	-																																																																						
7	-	2.5	3.4	-	-																																																																						
1/2 tw	1	3	5	7	9																																																																						
1	0.3	0.5	0.9	1.3	-																																																																						
3	-	1.0	1.5	-	-																																																																						
5	-	1.8	2.4	-	-																																																																						
7	-	2.8	3.5	-	-																																																																						
E. BACK ROTATION CONTROL ENTRY	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.1</td><td>0.2</td><td>0.5</td><td>0.8</td><td>-</td></tr> </table>	2	4	6	8	10	0.1	0.2	0.5	0.8	-	F1. BACK ROTATION CONTROL ENTRY	<table border="1"> <tr><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>-</td></tr> </table>	1	3	5	7	9	0.2	0.4	0.6	0.8	-																																																				
2	4	6	8	10																																																																							
0.1	0.2	0.5	0.8	-																																																																							
1	3	5	7	9																																																																							
0.2	0.4	0.6	0.8	-																																																																							
INWARD (GROUP 4)		REVERSE (GROUP 3)																																																																									
4 - 54		3 - 53																																																																									
A. SOMERSAULTS	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2.3</td><td>2.6</td><td>3.4</td><td>4.7</td><td>-</td></tr> </table>	2	4	6	8	10	2.3	2.6	3.4	4.7	-	A. SOMERSAULTS	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2.3</td><td>2.6</td><td>3.4</td><td>4.7</td><td>-</td></tr> </table>	2	4	6	8	10	2.3	2.6	3.4	4.7	-																																																				
2	4	6	8	10																																																																							
2.3	2.6	3.4	4.7	-																																																																							
2	4	6	8	10																																																																							
2.3	2.6	3.4	4.7	-																																																																							
B. APPROACH	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>-</td></tr> </table>	2	4	6	8	10	0.2	0.4	0.6	0.8	-	B. APPROACH	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>-</td></tr> </table>	2	4	6	8	10	0.2	0.3	0.5	0.7	-																																																				
2	4	6	8	10																																																																							
0.2	0.4	0.6	0.8	-																																																																							
2	4	6	8	10																																																																							
0.2	0.3	0.5	0.7	-																																																																							
C. TWISTS BARANI ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>0.4</td><td>0.7</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>1.0</td><td>1.6</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.2</td><td>1.8</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.0</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	1	0.1	0.2	0.4	0.7	-	3	-	0.6	1.0	1.6	-	5	-	1.2	1.8	-	-	7	-	2.0	-	-	-	9	-	-	-	-	-	C. TWISTS BARANI ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>0.7</td><td>1.1</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.4</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>2.4</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	2	0.2	0.3	0.4	0.6	-	4	-	0.7	1.1	-	-	6	-	1.4	-	-	-	8	-	2.4	-	-	-						
1/2 tw	2	4	6	8	10																																																																						
1	0.1	0.2	0.4	0.7	-																																																																						
3	-	0.6	1.0	1.6	-																																																																						
5	-	1.2	1.8	-	-																																																																						
7	-	2.0	-	-	-																																																																						
9	-	-	-	-	-																																																																						
1/2 tw	2	4	6	8	10																																																																						
2	0.2	0.3	0.4	0.6	-																																																																						
4	-	0.7	1.1	-	-																																																																						
6	-	1.4	-	-	-																																																																						
8	-	2.4	-	-	-																																																																						
D. TWISTS BLIND ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>2</td><td>-</td><td>1.0</td><td>1.5</td><td>2.3</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.7</td><td>2.4</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>2.6</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	2	-	1.0	1.5	2.3	-	4	-	1.7	2.4	-	-	6	-	2.6	-	-	-	D. TWISTS BLIND ENTRY	<table border="1"> <tr><td>1/2 tw</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.4</td><td>0.6</td><td>0.9</td><td>1.3</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>1.0</td><td>1.6</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.8</td><td>2.4</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.9</td><td>-</td><td>-</td><td>-</td></tr> </table>	1/2 tw	2	4	6	8	10	1	0.4	0.6	0.9	1.3	-	3	-	1.0	1.6	-	-	5	-	1.8	2.4	-	-	7	-	2.9	-	-	-																		
1/2 tw	2	4	6	8	10																																																																						
2	-	1.0	1.5	2.3	-																																																																						
4	-	1.7	2.4	-	-																																																																						
6	-	2.6	-	-	-																																																																						
1/2 tw	2	4	6	8	10																																																																						
1	0.4	0.6	0.9	1.3	-																																																																						
3	-	1.0	1.6	-	-																																																																						
5	-	1.8	2.4	-	-																																																																						
7	-	2.9	-	-	-																																																																						
E. BLIND ENTRY	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.4</td><td>0.6</td><td>0.9</td><td>1.4</td><td>-</td></tr> </table>	2	4	6	8	10	0.4	0.6	0.9	1.4	-	F. BACK ROTATION CONTROL ENTRY	<table border="1"> <tr><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>0.2</td><td>0.4</td><td>0.6</td><td>1.0</td><td>-</td></tr> </table>	2	4	6	8	10	0.2	0.4	0.6	1.0	-																																																				
2	4	6	8	10																																																																							
0.4	0.6	0.9	1.4	-																																																																							
2	4	6	8	10																																																																							
0.2	0.4	0.6	1.0	-																																																																							
POSITIONS VALUES FOR ALL GROUPS																																																																											
STAND. 1/2 ss	2	4	6	8	10																																																																						
ARM. 1/2 ss	1	3	5	7	9																																																																						
A	0.2	0.2	-	-	-																																																																						
B	0.0	0.0	0.0	0.0	0.0																																																																						
B Flying	0.1	0.1	0.2	0.4	-																																																																						
B Mid-tum	-	-	0.1	0.3	0.5																																																																						
C	-0.1	-0.2	-0.2	-0.3	-0.5																																																																						
C Flying	0.0	-0.1	-0.1	-0.2	-																																																																						
C Mid-tum	-	-	0.0	0.0	0.2																																																																						
D	0.0	0.0	0.0	0.0	0.0																																																																						
E	0.1	0.1	0.2	0.4	0.4																																																																						



HIGH DIVING: 15 METERS

STANDING DIVES A+B+C+D+E+F=DD		ARMSTAND DIVES A+B+C+D+E+F=DD																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
FORWARD (GROUP 1) 1 - 51 A. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>2</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> </table> B. APPROACH <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>2</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.0</td><td>0.2</td><td>0.4</td><td>0.5</td><td>0.8</td></tr> <tr><td>3</td><td>-</td><td>0.5</td><td>0.9</td><td>1.4</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>0.9</td><td>1.5</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.4</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>-</td><td>2.0</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.0</td><td>0.8</td><td>1.3</td><td>2.0</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.3</td><td>2.0</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.9</td><td>-</td><td>-</td><td>-</td></tr> </table> E. BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.2</td><td>0.5</td><td>0.8</td><td>1.2</td><td>1.7</td></tr> <tr><td>2</td><td>0.2</td><td>0.5</td><td>0.8</td><td>1.2</td><td>1.7</td></tr> </table>		1/2 ss	2	4	6	8	10	1	0.0	0.0	0.0	0.0	0.0	2	0.0	0.0	0.0	0.0	0.0	1/2 ss	2	4	6	8	10	1	0.0	0.0	0.0	0.0	0.0	2	0.0	0.0	0.0	0.0	0.0	1/2 ss	2	4	6	8	10	1	0.0	0.2	0.4	0.5	0.8	3	-	0.5	0.9	1.4	-	6	-	0.9	1.5	-	-	7	-	1.4	-	-	-	9	-	2.0	-	-	-	1/2 ss	2	4	6	8	10	1	0.0	0.8	1.3	2.0	-	4	-	1.3	2.0	-	-	6	-	1.9	-	-	-	1/2 ss	2	4	6	8	10	1	0.2	0.5	0.8	1.2	1.7	2	0.2	0.5	0.8	1.2	1.7	INWARD (GROUP 4) 4 - 54 A. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>0.4</td><td>0.7</td><td>1.1</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>1.0</td><td>1.5</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.1</td><td>1.7</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.7</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td></tr> <tr><td>2</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>0.4</td><td>0.7</td><td>1.1</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>1.0</td><td>1.5</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.1</td><td>1.7</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.7</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.5</td><td>1.0</td><td>1.5</td><td>2.2</td></tr> <tr><td>4</td><td>-</td><td>1.0</td><td>1.5</td><td>2.2</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>2.3</td><td>-</td><td>-</td><td>-</td></tr> </table> E. BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.4</td><td>0.6</td><td>0.9</td><td>1.4</td><td>2.0</td></tr> <tr><td>2</td><td>0.4</td><td>0.6</td><td>0.9</td><td>1.4</td><td>2.0</td></tr> </table>		1/2 ss	2	4	6	8	10	1	0.1	0.2	0.4	0.7	1.1	3	-	0.6	1.0	1.5	-	6	-	1.1	1.7	-	-	7	-	1.7	-	-	-	1/2 ss	2	4	6	8	10	1	0.2	0.4	0.6	0.8	1.0	2	0.2	0.4	0.6	0.8	1.0	1/2 ss	2	4	6	8	10	1	0.1	0.2	0.4	0.7	1.1	3	-	0.6	1.0	1.5	-	6	-	1.1	1.7	-	-	7	-	1.7	-	-	-	1/2 ss	2	4	6	8	10	1	0.1	0.5	1.0	1.5	2.2	4	-	1.0	1.5	2.2	-	6	-	2.3	-	-	-	1/2 ss	2	4	6	8	10	1	0.4	0.6	0.9	1.4	2.0	2	0.4	0.6	0.9	1.4	2.0	FORWARD (GROUP 5) 6 - 61 A1. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> <tr><td>2</td><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> </table> B1. APPROACH <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> <tr><td>2</td><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> </table> C1. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>0.9</td><td>1.4</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.2</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.2</td><td>-</td><td>-</td><td>-</td></tr> </table> D1. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.9</td><td>1.4</td><td>2.1</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.6</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> E1. BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.4</td><td>0.8</td><td>1.2</td><td>1.6</td></tr> <tr><td>2</td><td>0.1</td><td>0.4</td><td>0.8</td><td>1.2</td><td>1.6</td></tr> </table>		1/2 ss	1	3	5	7	9	1	0.0	0.1	0.3	0.5	0.7	2	0.0	0.1	0.3	0.5	0.7	1/2 ss	1	3	5	7	9	1	0.0	0.1	0.3	0.5	0.7	2	0.0	0.1	0.3	0.5	0.7	1/2 ss	1	3	5	7	9	1	0.0	0.1	0.3	0.5	0.7	3	-	0.6	0.9	1.4	-	6	-	1.2	-	-	-	7	-	1.2	-	-	-	1/2 ss	1	3	5	7	9	1	0.0	0.9	1.4	2.1	-	4	-	1.6	-	-	-	6	-	-	-	-	-	1/2 ss	1	3	5	7	9	1	0.1	0.4	0.8	1.2	1.6	2	0.1	0.4	0.8	1.2	1.6	BACK (GROUP 2) 2 - 52 A. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.4</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>0.5</td><td>0.8</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>0.9</td><td>1.4</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>1.5</td><td>2.1</td><td>-</td><td>-</td></tr> <tr><td>10</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td></tr> <tr><td>2</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>0.8</td><td>1.3</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.3</td><td>2.0</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.0</td><td>2.8</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.8</td><td>1.3</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.3</td><td>2.0</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.0</td><td>2.8</td><td>-</td><td>-</td></tr> </table> F. BACK ROTATION CONTROL ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.8</td></tr> <tr><td>2</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.8</td></tr> </table>		1/2 ss	2	4	6	8	10	1	0.1	0.2	0.3	0.4	-	4	-	0.5	0.8	-	-	6	-	0.9	1.4	-	-	8	-	1.5	2.1	-	-	10	-	-	-	-	-	1/2 ss	2	4	6	8	10	1	0.2	0.3	0.5	0.7	0.9	2	0.2	0.3	0.5	0.7	0.9	1/2 ss	2	4	6	8	10	1	0.3	0.5	0.8	1.1	-	4	-	0.8	1.3	-	-	6	-	1.3	2.0	-	-	7	-	2.0	2.8	-	-	1/2 ss	2	4	6	8	10	1	0.3	0.5	0.8	1.1	-	3	-	0.8	1.3	-	-	5	-	1.3	2.0	-	-	7	-	2.0	2.8	-	-	1/2 ss	2	4	6	8	10	1	0.1	0.2	0.3	0.5	0.8	2	0.1	0.2	0.3	0.5	0.8	BACK (GROUP 3) 3 - 53 A. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.4</td><td>0.6</td><td>0.9</td><td>1.3</td><td>1.8</td></tr> <tr><td>4</td><td>-</td><td>0.7</td><td>1.1</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.2</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>1.8</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>10</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td></tr> <tr><td>2</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.9</td></tr> <tr><td>4</td><td>-</td><td>0.7</td><td>1.1</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.2</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>1.8</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>10</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.4</td><td>0.6</td><td>0.9</td><td>1.3</td><td>1.8</td></tr> <tr><td>3</td><td>-</td><td>1.0</td><td>1.6</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.6</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.3</td><td>-</td><td>-</td><td>-</td></tr> </table> F. BACK ROTATION CONTROL ENTRY <table border="1"> <tr><td>1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>1</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td></tr> <tr><td>2</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td></tr> </table>		1/2 ss	2	4	6	8	10	1	0.4	0.6	0.9	1.3	1.8	4	-	0.7	1.1	-	-	6	-	1.2	-	-	-	8	-	1.8	-	-	-	10	-	-	-	-	-	1/2 ss	2	4	6	8	10	1	0.2	0.3	0.5	0.7	0.9	2	0.2	0.3	0.5	0.7	0.9	1/2 ss	2	4	6	8	10	1	0.2	0.3	0.4	0.6	0.9	4	-	0.7	1.1	-	-	6	-	1.2	-	-	-	8	-	1.8	-	-	-	10	-	-	-	-	-	1/2 ss	2	4	6	8	10	1	0.4	0.6	0.9	1.3	1.8	3	-	1.0	1.6	-	-	5	-	1.6	-	-	-	7	-	2.3	-	-	-	1/2 ss	2	4	6	8	10	1	0.1	0.3	0.5	0.8	1.1	2	0.1	0.3	0.5	0.8	1.1	REVERSE (GROUP 5) 6 - 62 A1. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> <tr><td>2</td><td>0.0</td><td>0.0</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> </table> B1. APPROACH <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> <tr><td>2</td><td>0.0</td><td>0.0</td><td>0.3</td><td>0.5</td><td>0.7</td></tr> </table> C1. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.9</td></tr> <tr><td>4</td><td>-</td><td>0.5</td><td>0.9</td><td>1.3</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>0.9</td><td>1.6</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>1.4</td><td>2.5</td><td>-</td><td>-</td></tr> <tr><td>10</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D1. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.3</td><td>0.5</td><td>0.9</td><td>1.3</td><td>1.8</td></tr> <tr><td>3</td><td>-</td><td>0.8</td><td>1.4</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.3</td><td>2.2</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.9</td><td>3.2</td><td>-</td><td>-</td></tr> </table> F1. BACK ROTATION CONTROL ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.2</td><td>0.4</td><td>0.7</td><td>1.0</td><td>1.5</td></tr> <tr><td>2</td><td>0.2</td><td>0.4</td><td>0.7</td><td>1.0</td><td>1.5</td></tr> </table>		1/2 ss	1	3	5	7	9	1	0.0	0.0	0.3	0.5	0.7	2	0.0	0.0	0.3	0.5	0.7	1/2 ss	1	3	5	7	9	1	0.0	0.0	0.3	0.5	0.7	2	0.0	0.0	0.3	0.5	0.7	1/2 ss	1	3	5	7	9	1	0.1	0.2	0.4	0.6	0.9	4	-	0.5	0.9	1.3	-	6	-	0.9	1.6	-	-	8	-	1.4	2.5	-	-	10	-	-	-	-	-	1/2 ss	1	3	5	7	9	1	0.3	0.5	0.9	1.3	1.8	3	-	0.8	1.4	-	-	5	-	1.3	2.2	-	-	7	-	1.9	3.2	-	-	1/2 ss	1	3	5	7	9	1	0.2	0.4	0.7	1.0	1.5	2	0.2	0.4	0.7	1.0	1.5	REVERSE (GROUP 5) 6 - 63 A1. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td></tr> <tr><td>2</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td></tr> </table> B1. SOMERSAULTS <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td></tr> <tr><td>2</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.8</td><td>1.1</td></tr> </table> F1. BACK ROTATION CONTROL ENTRY <table border="1"> <tr><td>1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> <tr><td>1</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td></tr> <tr><td>2</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td></tr> </table>		1/2 ss	1	3	5	7	9	1	0.1	0.3	0.5	0.8	1.1	2	0.1	0.3	0.5	0.8	1.1	1/2 ss	1	3	5	7	9	1	0.1	0.3	0.5	0.8	1.1	2	0.1	0.3	0.5	0.8	1.1	1/2 ss	1	3	5	7	9	1	0.2	0.4	0.6	0.8	1.0	2	0.2	0.4	0.6	0.8	1.0
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.2	0.4	0.5	0.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	0.5	0.9	1.4	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	0.9	1.5	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	1.4	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
9	-	2.0	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.8	1.3	2.0	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	1.3	2.0	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.9	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.5	0.8	1.2	1.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.2	0.5	0.8	1.2	1.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.2	0.4	0.7	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	0.6	1.0	1.5	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.1	1.7	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	1.7	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.4	0.6	0.8	1.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.2	0.4	0.6	0.8	1.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.2	0.4	0.7	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	0.6	1.0	1.5	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.1	1.7	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	1.7	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.5	1.0	1.5	2.2																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	1.0	1.5	2.2	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	2.3	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.4	0.6	0.9	1.4	2.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.4	0.6	0.9	1.4	2.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.1	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.0	0.1	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.1	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.0	0.1	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.1	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	0.6	0.9	1.4	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.2	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	1.2	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.9	1.4	2.1	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	1.6	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.4	0.8	1.2	1.6																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.1	0.4	0.8	1.2	1.6																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.2	0.3	0.4	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	0.5	0.8	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	0.9	1.4	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
8	-	1.5	2.1	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
10	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.3	0.5	0.8	1.1	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	0.8	1.3	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.3	2.0	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	2.0	2.8	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.3	0.5	0.8	1.1	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	0.8	1.3	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
5	-	1.3	2.0	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	2.0	2.8	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.2	0.3	0.5	0.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.1	0.2	0.3	0.5	0.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.4	0.6	0.9	1.3	1.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	0.7	1.1	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.2	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
8	-	1.8	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
10	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.3	0.4	0.6	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	0.7	1.1	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	1.2	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
8	-	1.8	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
10	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.4	0.6	0.9	1.3	1.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	1.0	1.6	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
5	-	1.6	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	2.3	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.3	0.5	0.8	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.1	0.3	0.5	0.8	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.0	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.0	0.0	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.0	0.0	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.0	0.0	0.3	0.5	0.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.2	0.4	0.6	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
4	-	0.5	0.9	1.3	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
6	-	0.9	1.6	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
8	-	1.4	2.5	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
10	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.3	0.5	0.9	1.3	1.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
3	-	0.8	1.4	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
5	-	1.3	2.2	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
7	-	1.9	3.2	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.4	0.7	1.0	1.5																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.2	0.4	0.7	1.0	1.5																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.3	0.5	0.8	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.1	0.3	0.5	0.8	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.1	0.3	0.5	0.8	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.1	0.3	0.5	0.8	1.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
1	0.2	0.4	0.6	0.8	1.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
2	0.2	0.4	0.6	0.8	1.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
POSITIONS VALUES FOR ALL GROUPS <table border="1"> <tr><td>STAND. 1/2 ss</td><td>2</td><td>4</td><td>6</td><td>8</td><td>10</td></tr> <tr><td>APPR. 1/2 ss</td><td>1</td><td>3</td><td>5</td><td>7</td><td>9</td></tr> </table> A 0.2 0.2 - - - B 0.0 0.0 0.0 0.0 0.0 B Flying 0.1 0.1 0.1 0.2 0.4 B Mid-turn - - - 0.1 0.3 0.5 C 0.0 -0.1 -0.2 -0.2 -0.3 -0.5 C Flying 0.0 -0.1 -0.1 -0.2 - - C Mid-turn - - - 0.0 0.0 0.2 D - - - 0.0 0.0 0.0 0.0 E - - - 0.1 0.1 0.2 0.4		STAND. 1/2 ss	2	4	6	8	10	APPR. 1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		
STAND. 1/2 ss	2	4	6	8	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
APPR. 1/2 ss	1	3	5	7	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										



HIGH DIVING: 20 METRES

STANDING DIVES		ARMSTAND DIVES																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
A1-B1C1-D1E1-F1-POS=DD		A1-B1C1-D1E1-F1-POS=DD																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
<p>FORWARD (GROUP 1)</p> <p>1 - 51</p> <p>A. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B. APPROACH</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> </table> <p>C. TWISTS BARANI ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>5</td><td>0.3</td><td>0.7</td><td>1.1</td><td>1.5</td><td>1.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>7</td><td>0.9</td><td>1.2</td><td>1.8</td><td>2.4</td><td>3.0</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td>1.4</td><td>1.8</td><td>2.6</td><td>3.4</td><td>4.2</td><td></td><td></td><td></td><td></td></tr> </table> <p>D. TWISTS BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>2</td><td>0.4</td><td>0.6</td><td>0.9</td><td>1.3</td><td>1.7</td><td></td><td></td><td></td><td></td></tr> <tr><td>4</td><td>-</td><td>1.1</td><td>1.6</td><td>2.2</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>6</td><td>-</td><td>1.7</td><td>2.4</td><td>3.2</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>8</td><td>-</td><td>2.5</td><td>3.3</td><td>-</td><td>-</td><td></td><td></td><td></td><td></td></tr> </table> <p>E. BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.2	0.3	0.5	0.7	0.9					5	0.3	0.7	1.1	1.5	1.9					7	0.9	1.2	1.8	2.4	3.0					9	1.4	1.8	2.6	3.4	4.2					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2	0.4	0.6	0.9	1.3	1.7					4	-	1.1	1.6	2.2	-					6	-	1.7	2.4	3.2	-					8	-	2.5	3.3	-	-					1	2	3	4	5	6	7	8	9	10	0.2	0.3	0.4	0.6	0.8	1.0					<p>FORWARD (GROUP 5)</p> <p>6 - 61</p> <p>A1. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B1. APPROACH</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> </table> <p>C1. TWISTS BARANI ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.8</td><td></td><td></td><td></td><td></td></tr> <tr><td>5</td><td>0.3</td><td>0.7</td><td>0.9</td><td>1.3</td><td>1.7</td><td></td><td></td><td></td><td></td></tr> <tr><td>7</td><td>0.9</td><td>1.2</td><td>1.5</td><td>2.1</td><td>2.7</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td>1.4</td><td>1.8</td><td>2.2</td><td>3.0</td><td>3.8</td><td></td><td></td><td></td><td></td></tr> </table> <p>D1. TWISTS BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>2</td><td>-</td><td>0.6</td><td>0.9</td><td>1.3</td><td>1.7</td><td></td><td></td><td></td><td></td></tr> <tr><td>4</td><td>-</td><td>1.1</td><td>1.5</td><td>2.1</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>6</td><td>-</td><td>-</td><td>2.2</td><td>-</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td></td><td></td><td></td><td></td></tr> </table> <p>E1. BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.0	0.1	0.3	0.5	0.7	0.9					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.2	0.3	0.4	0.6	0.8					5	0.3	0.7	0.9	1.3	1.7					7	0.9	1.2	1.5	2.1	2.7					9	1.4	1.8	2.2	3.0	3.8					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2	-	0.6	0.9	1.3	1.7					4	-	1.1	1.5	2.1	-					6	-	-	2.2	-	-					8	-	-	-	-	-					1	2	3	4	5	6	7	8	9	10	0.1	0.3	0.5	0.7	0.9						<p>FORWARD (GROUP 5)</p> <p>6 - 64</p> <p>A1. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B1. APPROACH</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> <p>C1. TWISTS BARANI ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> <p>E1. BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.1	0.3	-	-	-	-	-	-	-	-	1	2	3	4	5	6	7	8	9	10	0.1	0.3	-	-	-	-	-	-	-	-	1	2	3	4	5	6	7	8	9	10	0.1	0.3	-	-	-	-	-	-	-	-	<p>BACK (GROUP 2)</p> <p>2 - 52</p> <p>A. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B. APPROACH</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.2</td><td>0.3</td><td>0.4</td><td>0.5</td><td>0.5</td><td>0.6</td><td></td><td></td><td></td><td></td></tr> </table> <p>C. TWISTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>4</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>6</td><td>0.5</td><td>0.7</td><td>1.1</td><td>1.5</td><td>1.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>8</td><td>0.9</td><td>1.3</td><td>1.9</td><td>2.5</td><td>3.1</td><td></td><td></td><td></td><td></td></tr> <tr><td>10</td><td>1.5</td><td>2.1</td><td>2.9</td><td>3.7</td><td>4.5</td><td></td><td></td><td></td><td></td></tr> </table> <p>D. TWISTS BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>1.0</td><td>1.4</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>5</td><td>-</td><td>1.1</td><td>1.7</td><td>2.3</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>7</td><td>-</td><td>1.8</td><td>2.6</td><td>3.4</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td>-</td><td>2.7</td><td>3.7</td><td>-</td><td>-</td><td></td><td></td><td></td><td></td></tr> </table> <p>F. BACK CONTROL ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.3</td><td>0.5</td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.2	0.3	0.4	0.5	0.5	0.6					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.2	0.3	0.5	0.7	0.9					6	0.5	0.7	1.1	1.5	1.9					8	0.9	1.3	1.9	2.5	3.1					10	1.5	2.1	2.9	3.7	4.5					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	-	0.6	1.0	1.4	-					5	-	1.1	1.7	2.3	-					7	-	1.8	2.6	3.4	-					9	-	2.7	3.7	-	-					1	2	3	4	5	6	7	8	9	10	0.0	0.1	0.2	0.3	0.3	0.5					<p>BACK (GROUP 5)</p> <p>6 - 62</p> <p>A1. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B1. APPROACH</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> </table> <p>C1. TWISTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>4</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>6</td><td>0.5</td><td>0.7</td><td>1.1</td><td>1.5</td><td>1.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>8</td><td>0.9</td><td>1.2</td><td>1.8</td><td>2.4</td><td>3.0</td><td></td><td></td><td></td><td></td></tr> <tr><td>10</td><td>1.4</td><td>1.8</td><td>2.5</td><td>3.4</td><td>4.2</td><td></td><td></td><td></td><td></td></tr> </table> <p>D1. TWISTS BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>1.0</td><td>1.4</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>5</td><td>-</td><td>1.1</td><td>1.7</td><td>2.3</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>7</td><td>-</td><td>1.7</td><td>2.5</td><td>3.3</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td>-</td><td>2.4</td><td>3.4</td><td>-</td><td>-</td><td></td><td></td><td></td><td></td></tr> </table> <p>F1. BACK CONTROL ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.4</td><td>0.6</td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.0	0.1	0.3	0.5	0.7	0.9					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.2	0.3	0.5	0.7	0.9					6	0.5	0.7	1.1	1.5	1.9					8	0.9	1.2	1.8	2.4	3.0					10	1.4	1.8	2.5	3.4	4.2					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	-	0.6	1.0	1.4	-					5	-	1.1	1.7	2.3	-					7	-	1.7	2.5	3.3	-					9	-	2.4	3.4	-	-					1	2	3	4	5	6	7	8	9	10	0.1	0.2	0.3	0.4	0.4	0.6					<p>REVERSE (GROUP 3)</p> <p>3 - 53</p> <p>A. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B. APPROACH</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> </table> <p>C. TWISTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>4</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> <tr><td>6</td><td>0.7</td><td>0.9</td><td>1.3</td><td>1.7</td><td>2.1</td><td></td><td></td><td></td><td></td></tr> <tr><td>8</td><td>1.2</td><td>1.6</td><td>2.2</td><td>2.8</td><td>3.4</td><td></td><td></td><td></td><td></td></tr> <tr><td>10</td><td>1.9</td><td>2.5</td><td>3.3</td><td>4.1</td><td>4.9</td><td></td><td></td><td></td><td></td></tr> </table> <p>D. TWISTS BLIND ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>-</td><td>0.7</td><td>1.1</td><td>1.5</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>5</td><td>-</td><td>1.3</td><td>1.9</td><td>2.5</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>7</td><td>-</td><td>2.1</td><td>2.9</td><td>3.7</td><td>-</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td>-</td><td>3.1</td><td>4.1</td><td>-</td><td>-</td><td></td><td></td><td></td><td></td></tr> </table> <p>F. BACK CONTROL ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.3</td><td>0.5</td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.2	0.3	0.5	0.7	0.7	0.9					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.2	0.3	0.5	0.7	0.9					6	0.7	0.9	1.3	1.7	2.1					8	1.2	1.6	2.2	2.8	3.4					10	1.9	2.5	3.3	4.1	4.9					1	2	3	4	5	6	7	8	9	10	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	-	0.7	1.1	1.5	-					5	-	1.3	1.9	2.5	-					7	-	2.1	2.9	3.7	-					9	-	3.1	4.1	-	-					1	2	3	4	5	6	7	8	9	10	0.0	0.1	0.2	0.3	0.3	0.5					<p>REVERSE (GROUP 5)</p> <p>6 - 63</p> <p>A1. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>2.5</td><td>2.8</td><td>3.4</td><td>4.4</td><td>5.9</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <p>B1. SOMERSAULTS</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.7</td><td>0.9</td><td></td><td></td><td></td><td></td></tr> </table> <p>F1. BACK CONTROL ENTRY</p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>0.1</td><td>0.2</td><td>0.3</td><td>0.3</td><td>0.4</td><td>0.6</td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	2.5	2.8	3.4	4.4	5.9						1	2	3	4	5	6	7	8	9	10	0.1	0.3	0.5	0.7	0.7	0.9					1	2	3	4	5	6	7	8	9	10	0.1	0.2	0.3	0.3	0.4	0.6				
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
3	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
5	0.3	0.7	1.1	1.5	1.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
7	0.9	1.2	1.8	2.4	3.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
9	1.4	1.8	2.6	3.4	4.2																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2	0.4	0.6	0.9	1.3	1.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
4	-	1.1	1.6	2.2	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
6	-	1.7	2.4	3.2	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
8	-	2.5	3.3	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.2	0.3	0.4	0.6	0.8	1.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.1	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
3	0.2	0.3	0.4	0.6	0.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
5	0.3	0.7	0.9	1.3	1.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
7	0.9	1.2	1.5	2.1	2.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
9	1.4	1.8	2.2	3.0	3.8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2	-	0.6	0.9	1.3	1.7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
4	-	1.1	1.5	2.1	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
6	-	-	2.2	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
8	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.3	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.3	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.3	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.2	0.3	0.4	0.5	0.5	0.6																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
4	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
6	0.5	0.7	1.1	1.5	1.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
8	0.9	1.3	1.9	2.5	3.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
10	1.5	2.1	2.9	3.7	4.5																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
3	-	0.6	1.0	1.4	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
5	-	1.1	1.7	2.3	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
7	-	1.8	2.6	3.4	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
9	-	2.7	3.7	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.1	0.2	0.3	0.3	0.5																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.1	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
4	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
6	0.5	0.7	1.1	1.5	1.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
8	0.9	1.2	1.8	2.4	3.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
10	1.4	1.8	2.5	3.4	4.2																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
3	-	0.6	1.0	1.4	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
5	-	1.1	1.7	2.3	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
7	-	1.7	2.5	3.3	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
9	-	2.4	3.4	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.2	0.3	0.4	0.4	0.6																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.2	0.3	0.5	0.7	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
4	0.2	0.3	0.5	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
6	0.7	0.9	1.3	1.7	2.1																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
8	1.2	1.6	2.2	2.8	3.4																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
10	1.9	2.5	3.3	4.1	4.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
3	-	0.7	1.1	1.5	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
5	-	1.3	1.9	2.5	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
7	-	2.1	2.9	3.7	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
9	-	3.1	4.1	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.0	0.1	0.2	0.3	0.3	0.5																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
2.5	2.8	3.4	4.4	5.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.3	0.5	0.7	0.7	0.9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
1	2	3	4	5	6	7	8	9	10																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
0.1	0.2	0.3	0.3	0.4	0.6																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								

VALUE FOR ALL THE POSITIONS

STAND. 1/2 ss	2	4	6	8	7	-
APR. 1/2 ss	1	3	5	7	-	-
A	0.2	0.2	-	-	-	-
B	0.0	0.0	0.0	0.0	0.0	-
Flying B	0.1	0.1	0.1	0.2	0.4	-
Mid-tum B	-	-	-	0.1	0.3	-
C	-0.1	-0.2	-0.2	-0.3	-	-
Flying C	0.0	-0.1	-0.1	-0.2	-	-
Mid-tum C	-	-	-	0.0	0.0	-
D	0.0	0.0	0.0	0.0	0.0	-
E	0.1	0.1	0.1	0.2	0.4	-



HIGH DIVING: 27 METRES

STANDING DIVES		ARMSTAND DIVES																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
A+B+C+D+E+F+POS=DD		A1+B1+C1+D1+E1+F1+POS=DD																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
FORWARD (GROUP 1) 1 - 51 A. SOMERSAULTS <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>0.5</td><td>0.7</td><td>0.9</td><td>1.3</td><td>1.7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>0.9</td><td>1.2</td><td>1.5</td><td>2.1</td><td>2.7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>1.4</td><td>1.8</td><td>2.2</td><td>3.0</td><td>3.8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.2</td><td>1.6</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.1</td><td>1.4</td><td>2.0</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>1.7</td><td>2.1</td><td>2.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>-</td><td>2.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> E. BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		1	2	3	4	5	6	7	8	9	10	11	12	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-	-	1	2	3	4	5	6	7	8	9	10	11	12	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.2	0.3	0.4	0.6	0.8	-	-	-	-	-	-	5	0.5	0.7	0.9	1.3	1.7	-	-	-	-	-	-	7	0.9	1.2	1.5	2.1	2.7	-	-	-	-	-	-	9	1.4	1.8	2.2	3.0	3.8	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	2	0.4	0.6	0.8	1.2	1.6	-	-	-	-	-	-	4	-	1.1	1.4	2.0	-	-	-	-	-	-	-	6	-	1.7	2.1	2.9	-	-	-	-	-	-	-	8	-	-	2.9	-	-	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	2	0.2	0.3	0.4	0.6	0.8	1.0	-	-	-	-	-	INWARD (GROUP 4) 4 - 54 A. SOMERSAULTS <table border="1"> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>0.3</td><td>0.4</td><td>0.5</td><td>0.7</td><td>0.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>0.7</td><td>0.9</td><td>1.1</td><td>1.5</td><td>1.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>1.2</td><td>1.5</td><td>1.8</td><td>2.4</td><td>3.0</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>1.8</td><td>2.2</td><td>2.6</td><td>3.4</td><td>4.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2</td><td>0.6</td><td>0.8</td><td>1.0</td><td>1.4</td><td>1.8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.4</td><td>1.7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>2.1</td><td>2.5</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> E. BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2</td><td>0.3</td><td>0.4</td><td>0.5</td><td>0.7</td><td>0.9</td><td>1.1</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		2	3	4	5	6	7	8	9	10	11	12	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-	2	3	4	5	6	7	8	9	10	11	12	0.0	0.0	0.2	0.4	0.6	0.8	1.0	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.3	0.4	0.5	0.7	0.9	-	-	-	-	-	-	5	0.7	0.9	1.1	1.5	1.9	-	-	-	-	-	-	7	1.2	1.5	1.8	2.4	3.0	-	-	-	-	-	-	9	1.8	2.2	2.6	3.4	4.2	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	2	0.6	0.8	1.0	1.4	1.8	-	-	-	-	-	-	4	-	1.4	1.7	-	-	-	-	-	-	-	-	6	-	2.1	2.5	-	-	-	-	-	-	-	-	8	-	-	-	-	-	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	2	0.3	0.4	0.5	0.7	0.9	1.1	-	-	-	-	-	FORWARD (GROUP 5) 6 - 61 A1. SOMERSAULTS <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td></tr> </table> B1. APPROACH <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> C1. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 tw</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>1</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>3</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.8</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>0.5</td><td>0.7</td><td>0.9</td><td>1.3</td><td>1.7</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>0.9</td><td>1.2</td><td>1.5</td><td>2.1</td><td>2.7</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>1.4</td><td>1.8</td><td>2.2</td><td>3.0</td><td>3.8</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D1. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>2</td><td>-</td><td>0.6</td><td>0.9</td><td>1.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>4</td><td>-</td><td>1.1</td><td>1.5</td><td>2.1</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>-</td><td>-</td><td>2.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> E1. BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		1	2	3	4	5	6	7	8	9	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	1	2	3	4	5	6	7	8	9	0.0	0.1	0.3	0.5	0.7	-	-	-	-	1/2 tw	1	2	3	4	5	6	7	8	9	1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.2	0.3	0.4	0.6	0.8	-	-	-	-	5	0.5	0.7	0.9	1.3	1.7	-	-	-	-	7	0.9	1.2	1.5	2.1	2.7	-	-	-	-	9	1.4	1.8	2.2	3.0	3.8	-	-	-	-	1/2 tw	1	2	3	4	5	6	7	8	9	2	-	0.6	0.9	1.3	-	-	-	-	-	4	-	1.1	1.5	2.1	-	-	-	-	-	6	-	-	2.2	-	-	-	-	-	-	8	-	-	-	-	-	-	-	-	-	1/2 tw	1	2	3	4	5	6	7	8	9	1	0.1	0.3	0.5	0.7	0.9	-	-	-	-	INWARD (GROUP 5) 6 - 64 A1. SOMERSAULTS <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td></tr> </table> B1. APPROACH <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0.1</td><td>0.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> C1. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 tw</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> E1. BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>1</td><td>0.1</td><td>0.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		1	2	3	4	5	6	7	8	9	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	1	2	3	4	5	6	7	8	9	0.1	0.2	-	-	-	-	-	-	-	1/2 tw	1	2	3	4	5	6	7	8	9	1	0.1	0.2	-	-	-	-	-	-	-	1/2 tw	1	2	3	4	5	6	7	8	9	1	0.1	0.3	-	-	-	-	-	-	-	BACK (GROUP 2) 2 - 52 A. SOMERSAULTS <table border="1"> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>0.1</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.5</td><td>0.6</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>4</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.6</td><td>0.8</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>0.5</td><td>0.7</td><td>0.9</td><td>1.3</td><td>1.7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>0.9</td><td>1.2</td><td>1.5</td><td>2.1</td><td>2.7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>10</td><td>1.5</td><td>1.9</td><td>2.3</td><td>3.1</td><td>3.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.6</td><td>0.9</td><td>1.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.1</td><td>1.5</td><td>2.1</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>1.7</td><td>2.2</td><td>3.0</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>-</td><td>2.5</td><td>3.1</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> F. BACK CONTROL ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.1</td><td>0.2</td><td>0.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		2	3	4	5	6	7	8	9	10	11	12	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-	2	3	4	5	6	7	8	9	10	11	12	0.1	0.2	0.3	0.4	0.5	0.6	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.2	0.3	0.4	0.6	0.8	-	-	-	-	-	-	6	0.5	0.7	0.9	1.3	1.7	-	-	-	-	-	-	8	0.9	1.2	1.5	2.1	2.7	-	-	-	-	-	-	10	1.5	1.9	2.3	3.1	3.9	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	1	0.2	0.3	0.5	0.7	0.9	-	-	-	-	-	-	3	-	0.6	0.9	1.3	-	-	-	-	-	-	-	5	-	1.1	1.5	2.1	-	-	-	-	-	-	-	7	-	1.7	2.2	3.0	-	-	-	-	-	-	-	9	-	2.5	3.1	-	-	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	0.0	0.0	0.0	0.1	0.2	0.2	-	-	-	-	-	-	BACK (GROUP 3) 3 - 53 A. SOMERSAULTS <table border="1"> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> B. APPROACH <table border="1"> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>0.1</td><td>0.2</td><td>0.4</td><td>0.6</td><td>0.8</td><td>1.0</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> C. TWISTS BARANI ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>2</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>4</td><td>0.3</td><td>0.4</td><td>0.5</td><td>0.7</td><td>0.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>6</td><td>0.7</td><td>0.9</td><td>1.3</td><td>1.7</td><td>2.1</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>8</td><td>1.2</td><td>1.5</td><td>2.1</td><td>2.7</td><td>3.3</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>10</td><td>1.9</td><td>2.3</td><td>3.1</td><td>3.9</td><td>4.7</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> D. TWISTS BLIND ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>3</td><td>-</td><td>0.7</td><td>1.1</td><td>1.5</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>5</td><td>-</td><td>1.3</td><td>1.9</td><td>2.5</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>7</td><td>-</td><td>2.0</td><td>2.8</td><td>3.6</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><td>9</td><td>-</td><td>2.9</td><td>3.9</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> F. BACK CONTROL ENTRY <table border="1"> <tr><td>1/2 tw</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>0.0</td><td>0.0</td><td>0.0</td><td>0.1</td><td>0.2</td><td>0.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		2	3	4	5	6	7	8	9	10	11	12	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-	2	3	4	5	6	7	8	9	10	11	12	0.1	0.2	0.4	0.6	0.8	1.0	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.3	0.4	0.5	0.7	0.9	-	-	-	-	-	-	6	0.7	0.9	1.3	1.7	2.1	-	-	-	-	-	-	8	1.2	1.5	2.1	2.7	3.3	-	-	-	-	-	-	10	1.9	2.3	3.1	3.9	4.7	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	1	0.2	0.3	0.5	0.7	0.9	-	-	-	-	-	-	3	-	0.7	1.1	1.5	-	-	-	-	-	-	-	5	-	1.3	1.9	2.5	-	-	-	-	-	-	-	7	-	2.0	2.8	3.6	-	-	-	-	-	-	-	9	-	2.9	3.9	-	-	-	-	-	-	-	-	1/2 tw	2	3	4	5	6	7	8	9	10	11	12	0.0	0.0	0.0	0.1	0.2	0.2	-	-	-	-	-	-	REVERSE (GROUP 5) 6 - 63 A1. SOMERSAULTS <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>2.6</td><td>2.9</td><td>3.4</td><td>4.1</td><td>5.1</td><td>6.4</td><td>-</td><td>-</td><td>-</td></tr> </table> B1. APPROACH <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0.1</td><td>0.3</td><td>0.5</td><td>0.7</td><td>0.9</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table> F1. BACK CONTROL ENTRY <table border="1"> <tr><td>1/2 tw</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0.0</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.4</td><td>0.4</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		1	2	3	4	5	6	7	8	9	2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	1	2	3	4	5	6	7	8	9	0.1	0.3	0.5	0.7	0.9	-	-	-	-	1/2 tw	1	2	3	4	5	6	7	8	9	0.0	0.1	0.2	0.3	0.4	0.4	-	-	-	-	VALUES FOR ALL THE POSITIONS <table border="1"> <tr><th>STAND - 1/2 ss</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th></tr> <tr><th>ARM - 1/2 ss</th><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><th>A</th><td>0.2</td><td>0.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><th>B</th><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><th>Flying B</th><td>0.1</td><td>0.1</td><td>0.1</td><td>0.2</td><td>0.4</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><th>Mid-turn B</th><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>0.1</td><td>0.2</td><td>0.3</td><td>0.5</td><td>-</td><td>-</td></tr> <tr><th>C</th><td>-0.1</td><td>-0.2</td><td>-0.2</td><td>-0.3</td><td>-0.5</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><th>Flying C</th><td>0.0</td><td>-0.1</td><td>-0.1</td><td>-0.2</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> <tr><th>Mid-turn C</th><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.2</td><td>-</td><td>-</td></tr> <tr><th>D</th><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><th>E</th><td>0.1</td><td>0.1</td><td>0.1</td><td>0.2</td><td>0.4</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr> </table>		STAND - 1/2 ss	2	3	4	5	6	7	8	9	10	11	12	ARM - 1/2 ss	1	2	3	4	5	6	7	8	9	10	11	A	0.2	0.2	-	-	-	-	-	-	-	-	-	B	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	Flying B	0.1	0.1	0.1	0.2	0.4	-	-	-	-	-	-	Mid-turn B	-	-	-	-	-	0.1	0.2	0.3	0.5	-	-	C	-0.1	-0.2	-0.2	-0.3	-0.5	-	-	-	-	-	-	Flying C	0.0	-0.1	-0.1	-0.2	-	-	-	-	-	-	-	Mid-turn C	-	-	-	-	-	0.0	0.0	0.0	0.2	-	-	D	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	E	0.1	0.1	0.1	0.2	0.4	-	-	-	-	-	-
1	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
3	0.2	0.3	0.4	0.6	0.8	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
5	0.5	0.7	0.9	1.3	1.7	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
7	0.9	1.2	1.5	2.1	2.7	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
9	1.4	1.8	2.2	3.0	3.8	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	0.4	0.6	0.8	1.2	1.6	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
4	-	1.1	1.4	2.0	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
6	-	1.7	2.1	2.9	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
8	-	-	2.9	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	0.2	0.3	0.4	0.6	0.8	1.0	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
0.0	0.0	0.2	0.4	0.6	0.8	1.0	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
3	0.3	0.4	0.5	0.7	0.9	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
5	0.7	0.9	1.1	1.5	1.9	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
7	1.2	1.5	1.8	2.4	3.0	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
9	1.8	2.2	2.6	3.4	4.2	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	0.6	0.8	1.0	1.4	1.8	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
4	-	1.4	1.7	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
6	-	2.1	2.5	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
8	-	-	-	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	0.3	0.4	0.5	0.7	0.9	1.1	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
0.0	0.1	0.3	0.5	0.7	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1/2 tw	1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
3	0.2	0.3	0.4	0.6	0.8	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
5	0.5	0.7	0.9	1.3	1.7	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
7	0.9	1.2	1.5	2.1	2.7	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
9	1.4	1.8	2.2	3.0	3.8	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1/2 tw	1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
2	-	0.6	0.9	1.3	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
4	-	1.1	1.5	2.1	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
6	-	-	2.2	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
8	-	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1/2 tw	1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1	0.1	0.3	0.5	0.7	0.9	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
0.1	0.2	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1/2 tw	1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1	0.1	0.2	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1/2 tw	1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
1	0.1	0.3	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
0.1	0.2	0.3	0.4	0.5	0.6	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
4	0.2	0.3	0.4	0.6	0.8	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
6	0.5	0.7	0.9	1.3	1.7	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
8	0.9	1.2	1.5	2.1	2.7	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
10	1.5	1.9	2.3	3.1	3.9	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	0.2	0.3	0.5	0.7	0.9	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
3	-	0.6	0.9	1.3	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
5	-	1.1	1.5	2.1	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
7	-	1.7	2.2	3.0	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
9	-	2.5	3.1	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
0.0	0.0	0.0	0.1	0.2	0.2	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
0.1	0.2	0.4	0.6	0.8	1.0	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
4	0.3	0.4	0.5	0.7	0.9	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
6	0.7	0.9	1.3	1.7	2.1	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
8	1.2	1.5	2.1	2.7	3.3	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
10	1.9	2.3	3.1	3.9	4.7	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	0.2	0.3	0.5	0.7	0.9	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
3	-	0.7	1.1	1.5	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
5	-	1.3	1.9	2.5	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
7	-	2.0	2.8	3.6	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
9	-	2.9	3.9	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1/2 tw	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
0.0	0.0	0.0	0.1	0.2	0.2	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
2.6	2.9	3.4	4.1	5.1	6.4	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
0.1	0.3	0.5	0.7	0.9	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
1/2 tw	1	2	3	4	5	6	7	8	9																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
0.0	0.1	0.2	0.3	0.4	0.4	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																
STAND - 1/2 ss	2	3	4	5	6	7	8	9	10	11	12																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
ARM - 1/2 ss	1	2	3	4	5	6	7	8	9	10	11																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
A	0.2	0.2	-	-	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
B	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
Flying B	0.1	0.1	0.1	0.2	0.4	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
Mid-turn B	-	-	-	-	-	0.1	0.2	0.3	0.5	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
C	-0.1	-0.2	-0.2	-0.3	-0.5	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
Flying C	0.0	-0.1	-0.1	-0.2	-	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
Mid-turn C	-	-	-	-	-	0.0	0.0	0.0	0.2	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
D	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														
E	0.1	0.1	0.1	0.2	0.4	-	-	-	-	-	-																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																														



Appendix 7 – Table of Degrees Of Difficulty

Dive Number	Dive description	DD TABLE - 12 mts					DD TABLE - 15 mts				
		A	B	C	D	E	A	B	C	D	E
Group 1 - Forward											
102	Forward 1 Somersault	2,7	2,5	2,4		2,6	2,8	2,6	2,5		2,7
104	Forward 2 Somersaults		3,1	2,9		3,2		3,2	3,0		3,3
106	Forward 3 Somersaults		4,2	4,0		4,4		4,0	3,8		4,2
108	Forward 4 Somersaults		5,9	5,6				5,4	5,1		
112	Forward Flying 1 Somersault		2,6	2,5				2,7	2,6		
114	Forward Flying 2 Somersaults		3,2	3,0				3,3	3,1		
116	Forward Flying 3 Somersaults		4,4	4,1				4,2	3,9		
5121	Forward 1 Somersault 1/2 Twist		2,3	2,2				2,4	2,3		
5141	Forward 2 Somersaults 1/2 Twist		2,8	2,6		2,9		2,9	2,7		3,0
5(1)141	Forward Flying 2 Somersaults 1/2 Twist		2,9	2,7				3,0	2,8		
5161	Forward 3 Somersaults 1/2 Twist		3,8	3,6		4,0		3,6	3,4		3,8
5181	Forward 4 Somersaults 1/2 Twist		5,3	5,0				4,8	4,5		
5142	Forward 2 Somersaults 1 Twist				3,4					3,5	
5143	Forward 2 Somersaults 1 1/2 Twist				3,1					3,2	
5144	Forward 2 Somersaults 2 Twists				4,0					4,0	
5145	Forward 2 Somersaults 2 1/2 Twists				3,6					3,6	
5146	Forward 2 Somersaults 3 Twists				4,8					4,6	
5147	Forward 2 Somersaults 3 1/2 Twists				4,3					4,1	
5149	Forward 2 Somersaults 4 1/2 Twists				5,2					4,7	
5162	Forward 3 Somersaults 1 Twist		4,7	4,5				4,5	4,3		
5163	Forward 3 Somersaults 1 1/2 Twist		4,3	4,1				4,1	3,9		
5164	Forward 3 Somersaults 2 Twists		5,5	5,3				5,2	5,0		
5165	Forward 3 Somersaults 2 1/2 Twists		5,0	4,8				4,7	4,5		
Group 2 - Back											
202	Back 1 Somersault	2,8	2,6	2,5		2,7	2,9	2,7	2,6		2,8
204	Back 2 Somersaults	3,3	3,1	2,9		3,2	3,4	3,2	3,0		3,3
206	Back 3 Somersaults		4,4	4,2		4,6		4,0	3,8		4,2
208	Back 4 Somersaults		6,2	5,9				5,4	5,1		
20(10)	Back 5 Somersaults								6,9		
212	Back Flying 1 Somersault		2,7	2,6				2,8	2,7		
214	Back Flying 2 Somersaults		3,2	3,0				3,3	3,1		
5241	Back 2 Somersaults 1/2 Twist				3,4					3,5	
5242	Back 2 Somersaults 1 Twist				3,1					3,2	
5243	Back 2 Somersaults 1 1/2 Twist				3,8					3,8	
5244	Back 2 Somersaults 2 Twists				3,5					3,5	
5245	Back 2 Somersaults 2 1/2 Twists				4,5					4,3	
5246	Back 2 Somersaults 3 Twists				4,1					3,9	
5248	Back 2 Somersaults 4 Twists				4,9					4,5	
5261	Back 3 Somersaults 1/2 Twist		4,7	4,5				4,5	4,3		
5262	Back 3 Somersaults 1 Twist		4,2	4,0				4,0	3,8		
5263	Back 3 Somersaults 1 1/2 Twist		5,3	5,1				5,0	4,8		
5264	Back 3 Somersaults 2 Twists		4,8	4,6				4,5	4,3		
5265	Back 3 Somersaults 2 1/2 Twist		6,2	6,0				5,7	5,5		
5266	Back 3 Somersaults 3 Twists		5,6	5,4				5,1	4,9		
5282	Back 4 Somersaults 1 Twist		5,8	5,5				5,3	5,0		
Group 3 - Reverse											
302	Reverse 1 Somersault	2,9	2,7	2,6		2,8	2,9	2,7	2,6		2,8
304	Reverse 2 Somersaults		3,3	3,1		3,4		3,3	3,1		3,4
306	Reverse 3 Somersaults		4,5	4,3				4,2	4,0		
308	Reverse 4 Somersaults		6,4	6,1				5,7	5,4		
312	Reverse Flying 1 Somersault		2,8	2,7				2,8	2,7		
5341	Reverse 2 Somersaults 1/2 Twist				3,5					3,6	
5342	Reverse 2 Somersaults 1 Twist				3,2					3,3	
5343	Reverse 2 Somersaults 1 1/2 Twist				3,9					4,0	
5344	Reverse 2 Somersaults 2 Twists				3,6					3,7	
5345	Reverse 2 Somersaults 2 1/2 Twists				4,7					4,6	
5346	Reverse 2 Somersaults 3 Twists				4,3					4,2	
5347	Reverse 2 Somersaults 3 1/2 Twists				5,8					5,3	
5348	Reverse 2 Somersaults 4 Twists				5,3					4,8	
5361	Reverse 3 Somersaults 1/2 Twist		4,8	4,6				4,6	4,4		



Dive Number	Dive description	DD TABLE - 12 mts					DD TABLE - 15 mts				
		A	B	C	D	E	A	B	C	D	E
Group 4 - Inward											
402	Inward 1 Somersault		2,9	2,8		3,0		3,0	2,9		3,1
404	Inward 2 Somersaults		3,6	3,4				3,7	3,5		
406	Inward 3 Somersaults		4,9	4,7				4,7	4,5		
412	Inward Flying 1 Somersault		3,0	2,9				3,1	3,0		
5421	Inward 1 Somersault 1/2 Twist		2,6	2,5				2,7	2,6		
5441	Inward 2 Somersaults 1/2 Twist		3,2	3,0		3,3		3,3	3,1		3,4
5461	Inward 3 Somersaults 1/2 Twist		4,4	4,2				4,2	4,0		
5481	Inward 4 Somersaults 1/2 Twist		6,2	5,9				5,7	5,4		
5442	Inward 2 Somersaults 1 Twist					4,0					4,1
5443	Inward 2 Somersaults 1 1/2 Twist					3,6					3,7
Group 5 - Armstand											
611	Armstand Forward 1/2 Somersault	2,6	2,4	2,3			2,7	2,5	2,4		
613	Armstand Forward 1 1/2 Somersaults		3,1	2,9				3,2	3,0		
615	Armstand Forward 2 1/2 Somersaults		4,5	4,3				4,3	4,1		
6131	Arm. Forward 1 1/2 Somersault 1/2 Twist					2,8					2,9
6151	Arm. Forward 2 1/2 Somersaults 1/2 Twist		4,0	3,8				3,8	3,6		
621	Arm. Back 1/2 Somersault	2,7	2,5	2,4			2,8	2,6	2,5		
623	Arm. Back 1 1/2 Somersault	3,2	3,0	2,8			3,3	3,1	2,9		
625	Arm. Back 2 1/2 Somersaults		4,4	4,2				4,2	4,0		
627	Arm. Back 3 1/2 Somersaults		6,2	5,9				5,7	5,4		
631	Arm. Reverse 1/2 Somersault	2,8	2,6	2,5			2,9	2,7	2,6		
633	Arm. Reverse 1 1/2 Somersault		3,3	3,1				3,4	3,2		
635	Arm. Reverse 2 1/2 Somersaults		4,5	4,3				4,3	4,1		
6132	Arm. Forward 1 1/2 Somersault 1 Twist					3,6					3,7
6133	Arm. Forward 1 1/2 Somersault 1 1/2 Twist					3,3					3,4
6134	Arm. Forward 1 1/2 Somersault 2 Twists					4,4					4,4
6135	Arm. Forward 1 1/2 Somersault 2 1/2 Twists					4,0					4,0
6152	Arm. Forward 2 1/2 Somersaults 1 Twist		5,2	5,0				4,9	4,7		
6153	Arm. Forward 2 1/2 Somersaults 1 1/2 Twist		4,7	4,5				4,4	4,2		
6254	Arm. Forward 2 1/2 Somersaults 2 Twists										4,4
6271	Arm Back 3 1/2 Somersaults 1/2 Twist		6,5	6,2				6,0	5,7		
6272	Arm. Back 3 1/2 Somersaults 1 Twist		5,8	5,5				5,3	5,0		

	Blind entry
	Flying dive
	Back rotation control entry



Dive Number	Dive description	DD TABLE 27m					DD TABLE 20m				
		A	B	C	D	E	A	B	C	D	E
Group 1 - Forward											
102	Forward 1 Somersault		2,8	2,7		2,9		2,7	2,6		2,8
104	Forward 2 Somersaults		3,2	3,0		3,3		3,1	2,9		3,2
106	Forward 3 Somersaults		3,8	3,6				3,8	3,6		
108	Forward 4 Somersaults		4,7	4,4				5,0	4,7		
112	Forward Flying 1 Somersault		2,9	2,8				2,8	2,7		
114	Forward Flying 2 Somersaults		3,3	3,1				3,2	3,0		
116	Forward Flying 3 Somersaults		4,0	3,7				4,0	3,7		
5121	Forward 1 Somersault 1/2 Twist		2,6	2,5				2,5	2,4		
5141	Forward 2 Somersaults 1/2 Twist		2,9	2,7		3,0		2,8	2,6		2,9
5(1)141	Forward Flying 2 Somersaults 1/2 Twist		3,0	2,8				2,9	2,7		
5161	Forward 3 Somersaults 1/2 Twist		3,4	3,2		3,6		3,4	3,2		3,6
5181	Forward 4 Somersaults 1/2 Twist		4,1	3,8				4,4	4,1		
51(10)1	Forward 5 Somersaults 1/2 Twist		5,1	4,6							
51(12)1	Forward 6 Somersaults 1/2 Twist		6,4	5,9							
5142	Forward 2 Somersaults 1 Twist				3,5						3,4
5143	Forward 2 Somersaults 1 1/2 Twist				3,2						3,1
5144	Forward 2 Somersaults 2 Twists				4,0						3,9
5145	Forward 2 Somersaults 2 1/2 Twists				3,6						3,5
5146	Forward 2 Somersaults 3 Twists				4,6						4,5
5147	Forward 2 Somersaults 3 1/2 Twists				4,1						4,0
5149	Forward 2 Somersaults 4 1/2 Twists				4,7						4,6
5162	Forward 3 Somersaults 1 Twist		4,2	4,0				4,3	4,1		
5163	Forward 3 Somersaults 1 1/2 Twist		3,8	3,6				3,9	3,7		
5164	Forward 3 Somersaults 2 Twists		4,8	4,6				5,0	4,8		
5165	Forward 3 Somersaults 2 1/2 Twists		4,3	4,1				4,5	4,3		
5166	Forward 3 Somersaults 3 Twists				5,5						5,8
5167	Forward 3 Somersaults 3 1/2 Twists				4,9						
5169	Forward 3 Somersaults 4 1/2 Twists				5,6						
5182	Forward 4 Somersaults 1 Twist		5,3	5,0							
5183	Forward 4 Somersaults 1 1/2 Twist		4,7	4,4							
5185	Forward 4 Somersaults 2 1/2 Twists		5,4	5,1							
5187	Forward 4 Somersaults 3 1/2 twists		6,2	5,9							
Group 2 - Back											
202	Back 1 Somersault	2,9	2,7	2,6		2,8	2,9	2,7	2,6		2,8
204	Back 2 Somersaults	3,3	3,1	2,9			3,4	3,2	3,0		
206	Back 3 Somersaults		3,7	3,5				4,0	3,8		
208	Back 4 Somersaults		4,6	4,3				5,2	4,9		
20(10)	Back 5 Somersaults		5,8	5,3							
20(12)	Back 6 somersaults			6,7							
212	Back Flying 1 Somersault		2,8	2,7				2,8	2,7		
214	Back Flying 2 Somersaults		3,2	3,0				3,3	3,1		
216	Back Flying 3 Somersaults		3,9	3,6				4,2	3,9		
5241	Back 2 Somersaults 1/2 Twist				3,4						3,4
5242	Back 2 Somersaults 1 Twist				3,1						3,1
5243	Back 2 Somersaults 1 1/2 Twist				3,7						3,7
5244	Back 2 Somersaults 2 Twists				3,4						3,4
5245	Back 2 Somersaults 2 1/2 Twists				4,2						4,2
5246	Back 2 Somersaults 3 Twists				3,8						3,8
5247	Back 2 Somersaults 3 1/2 Twists				4,8						
5248	Back 2 Somersaults 4 Twists				4,3						4,4
524(10)	Back 2 Somersaults 5 Twists				5,0						
5261	Back 3 Somersaults 1/2 Twist		4,2	4,0				4,3	4,1		



Dive Number	Dive description	DD TABLE 27m					DD TABLE 20m				
		A	B	C	D	E	A	B	C	D	E
5262	Back 3 Somersaults 1 Twist		3,7	3,5				3,8	3,6		
5263	Back 3 Somersaults 1 1/2 Twist		4,6	4,4				4,8	4,6		
5264	Back 3 Somersaults 2 Twists		4,1	3,9				4,3	4,1		
5265	Back 3 Somersaults 2 1/2 Twist		5,2	5,0							
5266	Back 3 Somersaults 3 Twists		4,6	4,4				4,9	4,7		
5267	Back 3 Somersaults 3 1/2 Twists				5,9						
5268	Back 3 Somersaults 4 Twists				5,2						
526(10)	Back 3 Somersaults 5 Twists				6,0						
5281	Back 4 Somersaults 1/2 Twist		5,2	4,9							
5282	Back 4 Somersaults 1 Twist		4,5	4,2			4,9	4,6			
5283	Back 4 Somersaults 1 1/2 Twist		5,8	5,5							
5284	Back 4 Somersaults 2 Twists		5,1	4,8							
5286	Back 4 Somersaults 3 Twists		5,8	5,5							
52(10)2	Back 5 Somersaults 1 Twist		5,6	5,1							
Group 3 - Reverse											
302	Reverse 1 Somersault	2,9	2,7	2,6		2,8	2,9	2,7	2,6		2,8
304	Reverse 2 Somersaults		3,1	2,9				3,2	3,0		
306	Reverse 3 Somersaults		3,8	3,6				4,1	3,9		
308	Reverse 4 Somersaults		4,8	4,5				5,4	5,1		
30(10)	Reverse 5 Somersaults		6,1	5,6							
30(12)	Reverse 6 Somersaults			7,1							
312	Reverse Flying 1 Somersault		2,8	2,7				2,8	2,7		
5341	Reverse 2 Somersaults 1/2 Twist				3,4					3,4	
5342	Reverse 2 Somersaults 1 Twist				3,1					3,1	
5343	Reverse 2 Somersaults 1 1/2 Twist				3,8					3,8	
5344	Reverse 2 Somersaults 2 Twists				3,5					3,5	
5345	Reverse 2 Somersaults 2 1/2 Twists				4,4					4,4	
5346	Reverse 2 Somersaults 3 Twists				4,0					4,0	
5347	Reverse 2 Somersaults 3 1/2 Twists				5,1					5,2	
5348	Reverse 2 Somersaults 4 Twists				4,6						
534(10)	Reverse 2 Somersaults 5 Twists				5,4						
5361	Reverse 3 Somersaults 1/2 Twist		4,3	4,1			4,4	4,2			
5362	Reverse 3 Somersaults 1 Twist		3,8	3,6			3,9	3,7			
5363	Reverse 3 Somersaults 1 1/2 Twist		4,9	4,7							
5364	Reverse 3 Somersaults 2 Twists		4,4	4,2							
5365	Reverse 3 Somersaults 2 1/2 Twists		5,7	5,5							
5366	Reverse 3 Somersaults 3 Twists		5,1	4,9							
5368	Reverse 3 Somersaults 4 Twists				5,9						
5381	Reverse 4 Somersaults 1/2 Twist		5,4	5,1							
5382	Reverse 4 Somersaults 1 Twist		4,7	4,4							
Group 4 - Inward											
402	Inward 1 Somersault		2,9	2,8				3,0	2,9		
404	Inward 2 Somersaults		3,5	3,3				3,6	3,4		
406	Inward 3 Somersaults		4,3	4,1				4,5	4,3		
408	Inward 4 Somersaults		5,4	5,1				5,9	5,6		
412	Inward Flying 1 Somersault		3,0	2,9				3,1	3,0		
5421	Inward 1 Somersault 1/2 Twist		2,6	2,5				2,7	2,6		
5441	Inward 2 Somersaults 1/2 Twist		3,1	2,9				3,2	3,0		
5461	Inward 3 Somersaults 1/2 Twist		3,8	3,6				4,0	3,8		
5481	Inward 4 Somersaults 1/2 Twist		4,7	4,4				5,2	4,9		
54(10)1	Inward 5 Somersaults 1/2 Twist		5,9	5,4							
5442	Inward 2 Somersaults 1 Twist				3,9						
5443	Inward 2 Somersaults 1 1/2 Twist				3,5					3,6	
5445	Inward 2 Somersaults 2 1/2 Twists				4,0					4,1	
5447	Inward 2 Somersaults 3 1/2 Twists				4,6						
5462	Inward 3 Somersaults 1 Twist		4,8	4,6							
5463	Inward 3 Somersaults 1 1/2 Twist		4,3	4,1							